

3A West Region Meet - 5/15/2024 to 5/16/2024

Oakdale HS
Meet Program**Event 301 Boys 100 Meter Dash 3A****12 Advance: Top 1 Each Heat plus Next 1 Best Times**

Lane	Name	Yr	School	Seed Time
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Heat 1 of 5 Prelims

1	Tanveer Singh	12	James Hubert	12.54
2	Curtis Sumpter	11	Watkins Mill	11.63
3	Zack Dunker	10	Oakdale	11.41
4	Jeremiah Anamelechi-Ford	11	James Hubert	11.14
5	Jake Brown	9	Linganore	11.16
6	Olutoni Obalua	10	Damascus	11.44
7	Vincent Le	12	Rockville	11.64

Heat 2 of 5 Prelims

1	AiMin Chen	12	Thomas S Woo	12.25
2	Jordan Mackey	10	Damascus	11.61
3	Felix Annan	11	South Hagers	11.39
4	Donovan Harrington	12	Oakdale	11.11
5	Caleb Owusu Ayim	12	North Hagers	11.22
6	Cahauri Alford	11	South Hagers	11.47
7	Nazyr N. Ross	11	Col. Zadok M	11.74

Heat 3 of 5 Prelims

1	Jarius Taylor	11	Rockville	12.24
2	Paul Ghebry	12	Thomas S Woo	11.60
3	Matthew Raumann	12	Oakdale	11.35
4	Charles Armstrong	12	Rockville	11.04
5	Dylan Simons	12	Sherwood	11.24
6	Amir Short	11	Linganore	11.48
7	Brayden Wilhelm	10	Tuscarora	11.81

Heat 4 of 5 Prelims

1	Jahlil M. McDonald-Black	10	Col. Zadok M	12.05
2	Bradly Matthews	10	Linganore	11.58
3	Jan Mason	9	Sherwood	11.34
4	Odin Desir	12	North Hagers	11.03
5	David Boley	12	Watkins Mill	11.26
6	David Clifford	10	North Hagers	11.49
7	Paul Couch	9	Damascus	11.83

Heat 5 of 5 Prelims

1	Malachi McIver	12	Sherwood	11.84
2	Yuanzhe Cui	12	Thomas S Woo	11.52
3	Nathan Boateng	11	Tuscarora	11.30
4	Samuel Koiwood	11	Watkins Mill	10.96
5	Jasiri Belote	10	Tuscarora	11.28
6	Axel Badobre	11	Col. Zadok M	11.50
7	Johnson Mbeng	11	James Hubert	11.84

Event 302 Boys 200 Meter Dash 3A**12 Advance: Top 1 Each Heat plus Next 1 Best Times**

Lane	Name	Yr	School	Seed Time
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Heat 1 of 5 Prelims

2	Brady Johnson	12	North Hagers	24.24
3	Axel Badobre	11	Col. Zadok M	23.48
4	Jake Brown	9	Linganore	22.77
5	Jasiri Belote	10	Tuscarora	22.81
6	Zaire Fulmore	11	Sherwood	23.54
7	Seth Burtin	12	James Hubert	24.34

Heat 2 of 5 Prelims

1	Ethan W. Threet	9	James Hubert	26.74
2	Antonio Tolliver	10	North Hagers	24.16
3	Nathan Boateng	11	Tuscarora	23.43
4	Samuel Koiwood	11	Watkins Mill	22.60
5	Jan Mason	9	Sherwood	22.84
6	Michael Rypka	11	Oakdale	23.60
7	Davide Barbero	9	Damascus	24.45

Heat 3 of 5 Prelims

1	Xavier Marcus	10	Thomas S Woo	24.74
2	Nazyr N. Ross	11	Col. Zadok M	24.16
3	Reiley Koontz-Harmon	11	Oakdale	23.31
4	Antonio Taylor	12	James Hubert	22.44
5	Tyrese Oxendine	11	Sherwood	22.94
6	Yuanzhe Cui	12	Thomas S Woo	23.64
7	Michael F. Gannon	10	Col. Zadok M	24.47

Heat 4 of 5 Prelims

1	Aden Flaherty	11	Rockville	24.70
2	Dylan Pagendarm	11	Linganore	23.99
3	Vincent Le	12	Rockville	23.24
4	Odin Desir	12	North Hagers	22.35
5	Chase Roberts	11	Linganore	23.00
6	Jordan Mackey	10	Damascus	23.65
7	Charles Armstrong	12	Rockville	24.48

Heat 5 of 5 Prelims

1	Kenneth Shen	11	Thomas S Woo	24.62
2	Mark Aghadiuno	10	Watkins Mill	23.91
3	Jeffrey Hathaway	12	Oakdale	23.08
4	Deontae Blake	12	South Hagers	22.25
5	Olutoni Obalua	10	Damascus	23.07
6	Hriday Khadka	12	Tuscarora	23.69
7	Eli Aghadiuno	10	Watkins Mill	24.54

Event 304 Boys 400 Meter Dash 3A

Lane	Name	Yr	School	Seed Time
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Section 1 of 5 Finals

3	Mamadou Diop	10	James Hubert	1:00.42
4	Joshua Canagarajah	10	Sherwood	57.22
5	Jonathan Amesse-Tossou	9	James Hubert	58.36
6	Brandon Dickerson	9	Thomas S Woo	NT

Section 2 of 5 Finals

1	Micah Carbonell	9	Damascus	56.04
2	Merrick Collins	9	Oakdale	55.51
3	Jacob McCabe	12	Tuscarora	55.29
4	Kenneth Butler III	9	Linganore	55.11
5	Andrew Villavicencio	10	Oakdale	55.17
6	Evan Bush	11	Thomas S Woo	55.35
7	Ezekiel Myers	11	South Hagers	55.68
8	Brian Rios-Davis	9	Rockville	56.14

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Section 3 of 5 Finals...(Event 304 Boys 400 Meter Dash 3A)

1	Ian C. Zinga	10	Col. Zadok M	54.67
2	Vincent L. Do	10	Col. Zadok M	54.23
3	David Guevara Granados	11	Damascus	53.64
4	Michael F. Gannon	10	Col. Zadok M	53.45
5	Joshua Ames	12	Tuscarora	53.60
6	Michael Fonju	11	Rockville	53.91
7	Elisee Kouadio	11	Tuscarora	54.51
8	Charles Armstrong	12	Rockville	55.00

Section 4 of 5 Finals

1	Davide Barbero	9	Damascus	53.33
2	Nathan Silla	12	North Hagers	52.87
3	Zaire Fulmore	11	Sherwood	52.84
4	Odin Desir	12	North Hagers	52.67
5	Clinton Otinkorang	9	South Hagers	52.69
6	Dylan Pagendarm	11	Linganore	52.86
7	Zenoah Collymore	12	Watkins Mill	53.07
8	David Boley	12	Watkins Mill	53.40

Section 5 of 5 Finals

1	Donovan Baldwin	11	North Hagers	52.49
2	Tyrese Oxendine	11	Sherwood	51.44
3	Ahmed Elsamani	12	Thomas S Woo	50.92
4	Deontae Blake	12	South Hagers	50.45
5	Chase Roberts	11	Linganore	50.83
6	Antonio Taylor	12	James Hubert	51.33
7	Yanku Rex-Campbell	12	Watkins Mill	51.74
8	Michael Rypka	11	Oakdale	52.63

Event 305 Boys 800 Meter Run 3A

Lane	Name	Yr	School	Seed Time
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Section 1 of 3 Finals

1	Ryan Staiger	10	Oakdale	2:11.47
2	Jonathan Ricchini	11	Damascus	2:12.07
3	Zachary Oh	9	James Hubert	2:12.12
4	Joshua Canagarajah	10	Sherwood	2:13.92
5	Dylan A. Legaspi	9	James Hubert	2:13.97
6	Marcus Johnson	10	Rockville	2:14.05
7	Luke Nylund	11	Rockville	2:16.33
8	Santino DiFranco	12	South Hagers	2:17.80
9	Ryan Magnani	12	Col. Zadok M	2:20.08
10	Nathan Monroe	10	Watkins Mill	2:23.51
11	Osdiel Reyes	11	Watkins Mill	2:27.07

Section 2 of 3 Finals

1	Andrew Gregorio	10	Oakdale	2:02.68
2	Aiden Seraton	12	Linganore	2:04.20
3	Dishaan Patel	12	North Hagers	2:05.13
4	Sullivan McGreevy	12	North Hagers	2:05.44
5	Theodore Haris	12	Sherwood	2:06.00
6	Paul G. Simonson	11	Col. Zadok M	2:07.19
7	Jefferson Regitz	11	Rockville	2:08.27
8	Ayden Fritsch	12	Sherwood	2:09.20
9	Vincent L. Do	10	Col. Zadok M	2:09.40
10	Andrew Klein	11	Damascus	2:09.95
11	David Miller	12	South Hagers	2:10.10
12	Lucas Werner	12	Damascus	2:10.24

Section 3 of 3 Finals

1	Justin Banks	12	Tuscarora	1:54.95
2	Cormac Moroney	12	Linganore	1:57.90
3	Malakai Meertens	12	Oakdale	1:58.32
4	Troy Bailey	12	Thomas S Woo	1:58.41
5	Chris Abubakar	12	James Hubert	1:58.47
6	Kal Yewlsew	10	Thomas S Woo	2:00.13
7	Alex Adetolu	11	Linganore	2:00.37
8	Nathan Downie	10	Thomas S Woo	2:00.50
9	Adam Mustafa	12	North Hagers	2:02.08
10	Xavier Grant	11	Tuscarora	2:02.14
11	Yanku Rex-Campbell	12	Watkins Mill	2:02.24
12	Brenden Lane	12	Tuscarora	2:02.55

Event 306 Boys 1600 Meter Run 3A

Lane	Name	Yr	School	Seed Time
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Section 1 of 2 Finals

1	Marcos Reyes	10	Damascus	4:40.57
2	Jefferson Regitz	11	Rockville	4:41.67
3	Sai Vedas Boyapati	10	Oakdale	4:43.46
4	Fode Doumbia	10	Tuscarora	4:43.95
5	David Miller	12	South Hagers	4:47.77
6	Theodore Haris	12	Sherwood	4:51.65
7	Landon Call	10	North Hagers	4:51.87
8	Andrew Klein	11	Damascus	4:52.17
9	Jackson Schade	11	Sherwood	4:52.79
10	Luca Servis	10	Rockville	4:54.00
11	Landon Kelly	10	North Hagers	4:55.21
12	Braeden Taylor	9	Rockville	4:55.50
13	Jack Groven	11	Col. Zadok M	4:58.02
14	Jacob Luce	10	Damascus	4:58.59
15	Jake Araujo	9	Linganore	5:00.15
16	Johnathan Fox	12	South Hagers	5:15.02
17	Anselmo A. Bencosme	10	Col. Zadok M	5:31.59
18	Kassey Tetteh	10	Watkins Mill	5:51.03
19	Osdiel Reyes	11	Watkins Mill	5:57.88

Section 2 of 2 Finals

1	Justin Banks	12	Tuscarora	4:16.21
2	Cormac Moroney	12	Linganore	4:22.71
3	Cleveland J. Wall	11	Col. Zadok M	4:26.18
4	Edward Sun	11	Thomas S Woo	4:28.27
5	Walker Mason	10	North Hagers	4:29.02
6	Nathan Downie	10	Thomas S Woo	4:29.45
7	Chris Abubakar	12	James Hubert	4:31.28
8	Rendon Yerman	11	Thomas S Woo	4:32.77
9	Semir Kemal	11	James Hubert	4:32.99
10	David Tressler	11	Oakdale	4:34.27
11	Sean Gravell	12	Sherwood	4:35.27
12	Malakai Meertens	12	Oakdale	4:36.16
13	Zachary Oh	9	James Hubert	4:36.72
14	Victor Cretella	12	Linganore	4:37.33
15	Brenden Lane	12	Tuscarora	4:37.38

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Event 307 Boys 3200 Meter Run 3A

Lane	Name	Yr	School	Seed Time
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Section 1 of 2 Finals

1	Xaver Alexander	12	Oakdale	10:33.21
2	Luca Servis	10	Rockville	10:52.26
3	Lucas Werner	12	Damascus	10:54.66
4	Caleb Charmatz	9	Sherwood	11:01.70
5	Braeden Taylor	9	Rockville	11:03.00
6	Olin Hogentogler	11	Sherwood	11:06.94
7	Marcos Reyes	10	Damascus	11:14.32
8	Jack Groven	11	Col. Zadok M	11:19.43
9	Johnathan Fox	12	South Hagers	11:56.66
10	Jeremy Kim	9	Tuscarora	12:08.22
11	Anselmo A. Bencosme	10	Col. Zadok M	12:12.22
12	Kassey Tetteh	10	Watkins Mill	12:56.91
13	Nathaniel Colbert	11	Oakdale	NT

Section 2 of 2 Finals

1	Justin Banks	12	Tuscarora	9:36.77
2	Walker Mason	10	North Hagers	9:37.32
3	Edward Sun	11	Thomas S Woo	9:40.98
4	David Tressler	11	Oakdale	9:44.54
5	Cleveland J. Wall	11	Col. Zadok M	9:45.49
6	Semir Kemal	11	James Hubert	9:48.69
7	Sean Gravell	12	Sherwood	9:51.49
8	Victor Cretella	12	Linganore	9:55.31
9	Rendon Yerman	11	Thomas S Woo	9:55.53
10	Zachary Oh	9	James Hubert	10:02.25
11	Cormac Moroney	12	Linganore	10:06.05
12	Bradley Helman	11	North Hagers	10:07.09
13	Rishi Bhat	11	North Hagers	10:09.07
14	Jefferson Regitz	11	Rockville	10:10.00
15	William Griffin	12	Linganore	10:15.49
16	Luke Gabrielle	10	Thomas S Woo	10:18.98

Event 310 Boys 110 Meter Hurdles 3A

12 Advance: Top 1 Each Heat plus Next 3 Best Times

Lane	Name	Yr	School	Seed Time
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Heat 1 of 3 Prelims

2	Leke Fonge	10	Damascus	20.61
3	Daniel Miranda	11	Rockville	18.14
4	Gabriel Ohaegbu	11	North Hagers	15.80
5	David Nguete Etaba	10	Oakdale	15.97
6	Azariya Kelay	10	Sherwood	18.14
7	Thomas Owusu	9	North Hagers	20.93

Heat 2 of 3 Prelims

2	Levi Dang	10	Oakdale	19.97
3	Bryan Adrias	11	Rockville	17.84
4	Andrew Moxley	12	Linganore	15.24
5	Ralph Etaba	11	Oakdale	16.02
6	Mathews De Oliveira	12	James Hubert	18.44
7	Jamal Nal	10	Damascus	20.94

Heat 3 of 3 Prelims

1	Nabeel Chen	10	Rockville	NT
2	Nathan Thakur	12	Sherwood	19.54
3	Albert Gyan	12	Sherwood	17.74
4	Ryder Johnston	12	North Hagers	15.12
5	Kundai Makusha	12	South Hagers	17.10
6	Arnav Dhungana	10	Damascus	19.52
7	Oliver Troconis Destro	12	James Hubert	NT

Event 311 Boys 300 Meter Hurdles 3A

Lane	Name	Yr	School	Seed Time
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Section 1 of 4 Finals

3	Oliver Troconis Destro	12	James Hubert	NT
4	Nabeel Chen	10	Rockville	56.65
5	Victor Poosuntisumpun	12	Thomas S Woo	NT

Section 2 of 4 Finals

1	Daniel Miranda	11	Rockville	51.01
2	Levi Dang	10	Oakdale	47.95
3	James Butler	10	Thomas S Woo	47.27
4	Thomas Owusu	9	North Hagers	47.07
5	Isaiah Bobo-Amang	9	Sherwood	47.14
6	Elesh Dhungana	10	Damascus	47.43
7	Kyle Chumpen	11	Tuscarora	50.70
8	Ahsan Gragg	9	Rockville	55.68

Section 3 of 4 Finals

1	Paul G. Simonson	11	Col. Zadok M	46.28
2	Jamal Nal	10	Damascus	45.54
3	Brayden Sisk	11	South Hagers	45.29
4	Gabriel Ohaegbu	11	North Hagers	44.50
5	Kundai Makusha	12	South Hagers	44.54
6	Azariya Kelay	10	Sherwood	45.54
7	Luis Silverio	11	Tuscarora	46.06
8	Jason Niba	11	Tuscarora	46.68

Section 4 of 4 Finals

1	Akhili Reece	11	Sherwood	43.11
2	David Nguete Etaba	10	Oakdale	42.74
3	Andrew Moxley	12	Linganore	40.46
4	Benick Akeh	12	James Hubert	37.54
5	Ryder Johnston	12	North Hagers	38.97
6	Ralph Etaba	11	Oakdale	40.66
7	Lawrence Ahwireng	12	Damascus	42.88
8	Mathews De Oliveira	12	James Hubert	43.54

Event 321 Boys 4x100 Meter Relay 3A

Lane	Team	Relay	Seed Time
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Section 1 of 2 Finals

3	Col. Zadok M		46.71
	1) Jahliil M. McDonald-Black 10	2) Jeffrey Adedje 11	
	3) Nazyr N. Ross 11	4) Axel Badobre 11	
4	Damascus		45.73
	1) Paul Couch 9	2) Tristan Kelley 10	
	3) Olutoni Obalua 10	4) Jordan Mackey 10	
5	Rockville		46.31
	1) Charles Armstrong 12	2) Aden Flaherty 11	
	3) Jarius Taylor 11	4) Vincent Le 12	

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Section 2 of 2 Finals...(Event 321 Boys 4x100 Meter Relay 3A)

1	James Hubert		45.34
	1) Zandrew Kamara 12	2) Johnson Mbeng 11	
	3) Jeremiah Anamelechi-Ford 11	4) Seth Burtin 12	
2	Oakdale		44.63
	1) Zack Dunker 10	2) Ethan Penny 12	
	3) Matthew Raumann 12	4) Brayden DeWaal 11	
3	Sherwood		44.37
	1) Malachi McIver 12	2) Tyrese Oxendine 11	
	3) Dylan Simons 12	4) Jan Mason 9	
4	South Hagers		43.96
	1) Cahauri Alford 11	2) Felix Annan 11	
	3) Cassius Freeman 11	4) Deontae Blake 12	
5	Thomas S Woo		44.02
	1) Paul Gbebry 12	2) Ahmed Elsamani 12	
	3) Nathaniel Dates 11	4) Yuanzhe Cui 12	
6	Linganore		44.57
	1) Bradley Matthews 10	2) Jake Brown 9	
	3) Kenneth Butler III 9	4) Amir Short 11	
7	Tuscarora		45.31
	1) Eli Johnson 12	2) Avery Clements 10	
	3) Orllen Ocean 10	4) Brayden Wilhelm 10	
8	Watkins Mill		45.59
	1) Curtis Sumpter 11	2) Alonzo Golden 12	
	3) Jaden Jones 11	4) Robert Smith 11	

Event 322 Boys 4x200 Meter Relay 3A

Lane	Team	Relay	Seed Time
Section 1 of 2 Finals			
3	Col. Zadok M		1:36.17
	1) Jeffrey Adedje 11	2) Ian C. Zinga 10	
	3) Jahlil M. McDonald-Black 10	4) Tahmir K. Keys 11	
4	Damascus		1:33.90
	1) Davide Barbero 9	2) Tristan Kelley 10	
	3) Jordan Mackey 10	4) Olutoni Obalua 10	
5	Watkins Mill		1:35.03
	1) Eli Aghadiuno 10	2) Michael Young 12	
	3) Mark Aghadiuno 10	4) Curtis Sumpter 11	

Section 2 of 2 Finals

1	Thomas S Woo		1:31.78
	1) Paul Gbebry 12	2) Nathaniel Dates 11	
	3) Sreeanish Yarra 12	4) Ahmed Elsamani 12	
2	Tuscarora		1:31.42
	1) Joshua Ames 12	2) Jasiri Belote 10	
	3) Nathan Boateng 11	4) Hriday Khadka 12	
3	Sherwood		1:31.22
	1) Tyrese Oxendine 11	2) Astawaye Seyoum 12	
	3) Zaire Fulmore 11	4) Jan Mason 9	
4	Linganore		1:30.30
	1) Bradley Matthews 10	2) Jake Brown 9	
	3) Chase Roberts 11	4) Andrew Moxley 12	
5	James Hubert		1:30.82
	1) Benick Akeh 12	2) Antonio Taylor 12	
	3) Jeremiah Anamelechi-Ford 11	4) Seth Burtin 12	
6	South Hagers		1:31.40
	1) Felix Annan 11	2) Cassius Freeman 11	
	3) Cahauri Alford 11	4) Deontae Blake 12	
7	Oakdale		1:31.73
	1) Reiley Koontz-Harmon 11	2) Jeffrey Hathaway 12	
	3) Ethan Penny 12	4) Matthew Raumann 12	

Event 324 Boys 4x400 Meter Relay 3A

Lane	Team	Relay	Seed Time
Section 1 of 2 Finals			
3	Rockville		3:45.00
	1) Brian Rios-Davis 9	2) Michael Fonju 11	
	3) Marcus Johnson 10	4) Donovan Quentin-Charles 9	
4	Damascus		3:42.28
	1) David Guevara Granados 11	2) Micah Carbonell 9	
	3) Jonathan Ricchini 11	4) Davide Barbero 9	
5	Col. Zadok M		3:42.87
	1) Zeke D. Dabbondanza 9	2) Michael F. Gannon 10	
	3) Paul G. Simonson 11	4) Ian C. Zinga 10	
6	South Hagers		3:46.11
	1) Cordell Bowins 12	2) Dylan Mitchell 11	
	3) Ezekiel Myers 11	4) Clinton Otinkorang 9	

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Section 2 of 2 Finals...(Event 324 Boys 4x400 Meter Relay 3A)

1	Thomas S Woo	3:35.60
	1) Ahmed Elsamani 12	2) Evan Bush 11
	3) Kenneth Shen 11	4) Sreeanish Yarra 12
2	Linganore	3:33.22
	1) Chase Roberts 11	2) Dylan Pagendarm 11
	3) Alex Adetolu 11	4) Aiden Seraton 12
3	North Hagers	3:30.90
	1) Ryder Johnston 12	2) Nathan Silla 12
	3) Dishaan Patel 12	4) Donovan Baldwin 11
4	Oakdale	3:29.64
	1) Malakai Meertens 12	2) Andrew Gregorio 10
	3) Michael Rypka 11	4) Jeffrey Hathaway 12
5	James Hubert	3:30.00
	1) Antonio Taylor 12	2) Jeremiah Anamelechi-Ford 11
	3) Chris Abubakar 12	4) Benick Akeh 12
6	Watkins Mill	3:33.08
	1) Zenoah Collymore 12	2) David Boley 12
	3) Samuel Koiwood 11	4) Yanku Rex-Campbell 12
7	Tuscarora	3:33.88
	1) Joshua Ames 12	2) Brenden Lane 12
	3) Hriday Khadka 12	4) Fode Doumbia 10
8	Sherwood	3:37.00
	1) Ayden Fritsch 12	2) Joshua Canagarajah 10
	3) Theodore Haris 12	4) Zaire Fulmore 11

Event 328 Boys 4x800 Meter Relay 3A

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Thomas S Woo		8:05.68
	1) Kal Yewlsew 10	2) Nathan Downie 10	
	3) Nathaniel Riker 12	4) Troy Bailey 12	
2	James Hubert		8:10.15
	1) Chris Abubakar 12	2) Benick Akeh 12	
	3) Zachary Oh 9	4) Semir Kemal 11	
3	Linganore		8:21.30
	1) Jake Araujo 9	2) Alex Adetolu 11	
	3) Wyatt Valenzuela 10	4) Aiden Seraton 12	
4	Oakdale		8:25.01
	1) Malakai Meertens 12	2) David Tressler 11	
	3) Benjamin Llerena 12	4) Andrew Gregorio 10	
5	North Hagers		8:29.15
	1) Adam Mustafa 12	2) Sullivan McGreevy 12	
	3) Dishaan Patel 12	4) Donovan Baldwin 11	
6	Tuscarora		8:35.46
	1) Justin Banks 12	2) Brenden Lane 12	
	3) Xavier Grant 11	4) Fode Doumbia 10	
7	Sherwood		8:41.54
	1) Sean Gravell 12	2) Theodore Haris 12	
	3) Joshua Canagarajah 10	4) Ayden Fritsch 12	
8	Damascus		8:42.33
	1) Andrew Klein 11	2) Marcos Reyes 10	
	3) Connor Zarchin 11	4) Lucas Werner 12	
9	Rockville		9:01.87
	1) Luke Nylund 11	2) Marcus Johnson 10	
	3) Luca Servis 10	4) Braeden Taylor 9	
10	Col. Zadok M		9:10.45
	1) Paul G. Simonson 11	2) Vincent L. Do 10	
	3) Ryan Magnani 12	4) Cleveland J. Wall 11	
11	South Hagers		9:23.00
	1) Cordell Bowins 12	2) David Miller 12	
	3) Johnathan Fox 12	4) Santino DiFranco 12	
12	Watkins Mill		9:28.67
	1) Zenoah Collymore 12	2) Nathan Monroe 10	
	3) Osdiel Reyes 11	4) Yanku Rex-Campbell 12	

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Oakdale HS
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Event 330 Boys High Jump 3A

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 2 Finals					
1	Jowell Perez Eleazar	9	South Hagers	NH	
2	Morgan Caldwell	10	South Hagers	NH	
3	Mathews De Oliveira	12	James Hubert	5-00.00	
4	Robert Smith	11	Watkins Mill	5-02.00	
5	Ehlja McKain	11	Col. Zadok M	5-02.00	
6	Shawn Siyou	10	South Hagers	5-02.00	
7	Judah Dhandu	11	Rockville	5-02.00	
8	Brian Rios-Davis	9	Rockville	5-04.00	
9	Anselmo A. Bencosme	10	Col. Zadok M	5-04.00	
10	Amari Parker	11	Linganore	5-06.00	
11	William Dasch	10	Oakdale	5-06.00	
12	Ellis Brown	10	Damascus	5-06.00	
13	Jonathan Ricchini	11	Damascus	5-06.00	
14	Amir Short	11	Linganore	5-08.00	
Flight 2 of 2 Finals					
1	David Boley	12	Watkins Mill	5-08.00	
2	Daniel Kessel	12	Rockville	5-08.00	
3	Isaiah Bobo-Amang	9	Sherwood	5-08.00	
4	Gabriel Long	12	Oakdale	5-10.00	
5	Ty'shaun Palmer	11	Watkins Mill	5-10.00	
6	Kenneth Ahwireng	11	Damascus	5-10.00	
7	Ricky Johnson	10	Linganore	5-10.00	
8	Nathaniel Dates	11	Thomas S Woo	6-00.00	
9	Zeke D. Dabbondanza	9	Col. Zadok M	6-00.00	
10	Kalel Salifou	12	North Hagers	6-00.00	
11	Sreeanish Yarra	12	Thomas S Woo	6-00.00	
12	Brayden DeWaal	11	Oakdale	6-00.00	
13	Yassine Idrissa	12	Thomas S Woo	6-04.00	
14	Albert Gyan	12	Sherwood	6-05.00	

Event 331 Boys Long Jump 3A

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 3 Finals					
1	Michah Evans	10	South Hagers	ND	
2	Amari Parker	11	Linganore	16-00.50	
3	Malachi McIver	12	Sherwood	17-00.00	
4	Evan Bush	11	Thomas S Woo	17-02.00	
5	Sithuka Karasnagoda	9	Damascus	17-03.50	
6	Isaiah Bobo-Amang	9	Sherwood	17-05.00	
7	Aaron Meadows	9	Watkins Mill	17-10.75	
8	Aden Flaherty	11	Rockville	18-00.00	
9	Joshua Warriner	11	Tuscarora	18-00.25	
10	Rakai Wilson	11	Damascus	18-00.25	
11	DeMonte Mckinnie	11	Tuscarora	18-00.25	

Flight 2 of 3 Finals

1	Brendan Moise	10	James Hubert	18-01.00
2	Brian Rios-Davis	9	Rockville	18-03.00
3	Ty'shaun Palmer	11	Watkins Mill	18-03.00
4	Terrence Brown	10	Damascus	18-05.75
5	Nazyr N. Ross	11	Col. Zadok M	18-07.25
6	Amad Sangare	10	Thomas S Woo	18-08.00
7	Antonio Tolliver	10	North Hagers	18-08.00
8	Johnson Mbeng	11	James Hubert	18-08.75
9	William Dasch	10	Oakdale	18-11.75
10	Xavier Colbert	10	North Hagers	19-00.00
11	Daniel Kessel	12	Rockville	19-01.00
12	Bryce Harbaugh	12	South Hagers	19-03.00

Flight 3 of 3 Finals

1	Aiden Seraton	12	Linganore	19-04.00
2	Lucas Nolan	11	Linganore	19-05.00
3	Zandrew Kamara	12	James Hubert	19-05.25
4	Ian C. Zinga	10	Col. Zadok M	19-06.50
5	Gabriel Long	12	Oakdale	19-07.75
6	Robert Smith	11	Watkins Mill	19-08.00
7	Zeke D. Dabbondanza	9	Col. Zadok M	20-05.00
8	Akhili Reece	11	Sherwood	20-05.00
9	Victor Poosuntisumpun	12	Thomas S Woo	20-05.75
10	Wisdom Moses	12	South Hagers	20-09.25
11	Donovan Harrington	12	Oakdale	21-02.25
12	Ryder Johnston	12	North Hagers	21-03.00

Event 332 Boys Triple Jump 3A

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 2 Finals					
1	Jonathan Amesse-Tossou	9	James Hubert	ND	
2	Aaron Meadows	9	Watkins Mill	ND	
3	Morgan Caldwell	10	South Hagers	31-04.50	
4	Aidan Flaherty	10	Sherwood	32-09.00	
5	Colin J. Sardilli	9	Col. Zadok M	33-04.00	
6	Jeffrey Adedje	11	Col. Zadok M	33-07.00	
7	Aashvith Jammula	10	Linganore	34-07.75	
8	Sithuka Karasnagoda	9	Damascus	35-06.00	
9	Rakai Wilson	11	Damascus	36-03.00	
10	Tahmir K. Keys	11	Col. Zadok M	36-03.50	
11	Isaiah Bobo-Amang	9	Sherwood	37-01.75	
12	Kai Yuzuki	10	Thomas S Woo	37-04.50	
13	Ty'shaun Palmer	11	Watkins Mill	37-08.00	

3A West Region Meet - 5/15/2024 to 5/16/2024

Oakdale HS
Meet Program**Flight 2 of 2 Finals...(Event 332 Boys Triple Jump 3A)**

1	Kamau Johnson	10	Damascus	38-00.00
2	Robert Smith	11	Watkins Mill	38-05.00
3	Tobias Subiela	11	Thomas S Woo	38-09.00
4	Lewis Berry	12	South Hagers	39-01.50
5	DeMonte Mckinnie	11	Tuscarora	39-04.75
6	Jacquiste Clifford	10	North Hagers	39-09.75
7	Akhili Reece	11	Sherwood	40-01.00
8	Brendan Moise	10	James Hubert	40-06.50
9	Joshua Warriner	11	Tuscarora	40-10.50
10	Kalel Salifou	12	North Hagers	42-01.50
11	Sreanish Yarra	12	Thomas S Woo	42-10.75
12	Wisdom Moses	12	South Hagers	43-05.50
13	Donovan Harrington	12	Oakdale	45-02.25

Event 333 Boys Shot Put 3A

Pos	Name	Yr	School	Seed Mark
Flight 1 of 3 Finals				
1	Marvin L. Moss	10	Col. Zadok M	25-00.00
2	Isaac McGhee	9	Rockville	26-03.00
3	John Rucker	10	Rockville	27-01.00
4	Jayden A. Georges	9	James Hubert	27-03.50
5	Damari Roberts	11	Sherwood	31-06.00
6	Mory Kaba	9	Watkins Mill	31-09.00
7	Liam J. Moriarty	10	Col. Zadok M	32-03.00
8	Orllen Ocean	10	Tuscarora	33-02.00
9	Ethan B. Choi	10	Col. Zadok M	33-08.00
10	Arnav Dhungana	10	Damascus	33-11.75

Flight 2 of 3 Finals

1	David See	11	Thomas S Woo	34-10.00
2	Caden Vogel	11	Linganore	34-10.00
3	Jefferson Serkfem	10	Sherwood	35-01.50
4	Christian Ricks	12	James Hubert	35-08.00
5	Xavier Colbert	10	North Hagers	36-06.00
6	Justice Nshangalume	11	North Hagers	36-08.25
7	David Zagnit	12	Rockville	36-08.25
8	Brayden Sisk	11	South Hagers	36-11.00
9	Anselmo Dash	11	Damascus	37-00.00
10	Ismalia Badjie	12	James Hubert	37-02.25
11	Michael Robles	11	Sherwood	37-03.00
12	Andrew Burke	10	Damascus	38-00.25

Flight 3 of 3 Finals

1	Reeves Ade	12	Oakdale	38-02.00
2	Gary Agnello	11	Linganore	38-03.00
3	Isaiah Harris Talbott	11	Tuscarora	39-08.25
4	Alexander Lambert	11	Linganore	40-01.75
5	Dayvion Martin	10	South Hagers	40-02.50
6	Godwin Edeh	12	Tuscarora	41-01.00
7	Jack Rhodes	11	South Hagers	41-07.50
8	William Jong	12	Thomas S Woo	41-09.25
9	Andre Key	9	Watkins Mill	42-09.50
10	James Chen	12	Thomas S Woo	43-11.25
11	Kyler Valley	10	Oakdale	47-04.00
12	Grant Lohr	11	Oakdale	55-11.25

Event 334 Boys Discus Throw 3A

Pos	Name	Yr	School	Seed Mark
Flight 1 of 3 Finals				
1	Ismalia Badjie	12	James Hubert	ND
2	Isaac McGhee	9	Rockville	67-01
3	Ethan B. Choi	10	Col. Zadok M	68-10
4	Aarjay Berry	9	South Hagers	70-03
5	Jeffrey Zhang	12	Thomas S Woo	71-07
6	Marvin L. Moss	10	Col. Zadok M	71-09
7	Christian Ricks	12	James Hubert	73-00
8	Jayden A. Georges	9	James Hubert	77-03
9	John Rucker	10	Rockville	80-02
10	Luis Cordero Agreda	10	Damascus	84-07
11	Javian Colindres	12	Sherwood	87-01
12	Salam Agboola	11	Watkins Mill	88-03

Flight 2 of 3 Finals

1	Kaden Vellekoop	9	Tuscarora	91-10
2	Anselmo Dash	11	Damascus	92-05
3	Jeremiah Conner	9	Tuscarora	93-11
4	Gavin Perrone	12	Linganore	95-07
5	Mory Kaba	9	Watkins Mill	96-06
6	Michael Robles	11	Sherwood	97-03
7	Ed Walker	12	North Hagers	98-07
8	Jaheem Pickens	12	North Hagers	100-05
9	Devin Doyle	11	Linganore	103-01
10	Andrew Burke	10	Damascus	106-03
11	David Zagnit	12	Rockville	106-10
12	Andre Key	9	Watkins Mill	107-10

Flight 3 of 3 Finals

1	Liam J. Moriarty	10	Col. Zadok M	109-00
2	Jefferson Serkfem	10	Sherwood	109-09
3	Godwin Edeh	12	Tuscarora	110-11
4	Garett Forrest	10	North Hagers	114-11
5	Dayvion Martin	10	South Hagers	116-08
6	Gary Agnello	11	Linganore	118-03
7	James Chen	12	Thomas S Woo	122-00.25
8	Jack Rhodes	11	South Hagers	124-01
9	David See	11	Thomas S Woo	125-08
10	Shrey Anderson	11	Oakdale	126-06
11	Reeves Ade	12	Oakdale	129-06
12	Grant Lohr	11	Oakdale	164-04

Event 335 Boys Pole Vault 3A

Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	Tyler Gottesman	11	Damascus	7-00.00
2	Gabriel Roman	11	Linganore	7-06.00
3	Graham Snyder	12	North Hagers	8-00.00
4	Elias House	9	North Hagers	9-06.00
5	Brady Bruette	9	North Hagers	10-00.00
6	Mauricio Encalada	11	Oakdale	11-06.00
7	Emory Best	11	Linganore	11-06.00
8	Riley Harich	11	Oakdale	11-06.00
9	Jonas Sparks	10	Oakdale	13-06.00

3A West Region Meet - 5/15/2024 to 5/16/2024

Oakdale HS
Meet Program**Event 351 Girls 100 Meter Dash 3A****12 Advance: Top 1 Each Heat plus Next 1 Best Times**

Lane	Name	Yr	School	Seed Time
Heat 1 of 5 Prelims				
2	Cecile Apetse	10	Sherwood	13.64
3	Trinity McLaurin	9	Oakdale	13.23
4	Trinity Savage	9	South Hagers	12.82
5	Dynasty Brackenridge	10	Watkins Mill	12.96
6	Chandler L. Bell	10	James Hubert	13.26
7	Erica Kouame	9	Watkins Mill	13.67
Heat 2 of 5 Prelims				
1	Aracely Alvarez-Mazariegos	9	Rockville	17.84
2	Cora G. Bien-Aime	12	Col. Zadok M	13.61
3	Noura-Sita Koua	11	Damascus	13.20
4	Taionna Jackson	11	Tuscarora	12.60
5	Annabelle Schaberl	10	North Hagers	13.02
6	Seti Ouelega	11	Watkins Mill	13.34
7	Leah Ajisafe	10	Thomas S Woo	13.70
Heat 3 of 5 Prelims				
1	Aliyah Williams	12	Rockville	15.37
2	Bailey Hall	11	Linganore	13.58
3	Biangca LeFevre	11	Tuscarora	13.17
4	Jessica Franklin	12	South Hagers	12.57
5	Assiatou Camara	10	Tuscarora	13.06
6	Isabella Gonzalez	10	Sherwood	13.34
7	Lindsay Cherry	12	Linganore	13.79
Heat 4 of 5 Prelims				
1	Karleen Adam-Yeboua	10	Thomas S Woo	14.92
2	Leah Merriwether	10	Linganore	13.54
3	Jeanelle C. James	10	Col. Zadok M	13.17
4	Heather Twum	10	Oakdale	12.47
5	Shekinah Jamison	11	Damascus	13.09
6	Ella Kreuzburg	10	Oakdale	13.49
7	Taniya Flanagan	11	North Hagers	13.92
Heat 5 of 5 Prelims				
1	Urielle Ngako-Tankeu	10	Thomas S Woo	14.11
2	Kelly Nelson	11	Sherwood	13.54
3	Mamady Bangoura	10	Col. Zadok M	13.15
4	Elsie Habib	12	Damascus	12.42
5	Wynter Cephus	9	South Hagers	13.13
6	Simone Ramos	9	Rockville	13.54
7	Kalayah Knowlton	10	North Hagers	13.92

Event 352 Girls 200 Meter Dash 3A**12 Advance: Top 1 Each Heat plus Next 2 Best Times**

Lane	Name	Yr	School	Seed Time
Heat 1 of 4 Prelims				
1	Aaliyah Gaitan	9	Watkins Mill	31.12
2	Kalayah Knowlton	10	North Hagers	28.64
3	Dynasty Brackenridge	10	Watkins Mill	27.36
4	Josslyn Quansah	11	Linganore	26.24
5	Heather Twum	10	Oakdale	26.36
6	Emma Mascari	12	Sherwood	27.54
7	Ajayah Alexander	10	South Hagers	28.74
8	Kailey McRae	10	James Hubert	31.14
Heat 2 of 4 Prelims				
1	Sady Shafie	10	Damascus	29.97
2	Sanora Floy	11	Sherwood	28.34
3	Mamady Bangoura	10	Col. Zadok M	27.18
4	Celeste Rodriguez-Aguilar	12	Tuscarora	25.94
5	Jessica Franklin	12	South Hagers	26.37
6	Trinity McLaurin	9	Oakdale	27.75
7	Kennedy Scott	10	Damascus	28.83
8	Susana Beccles	10	Watkins Mill	31.14
Heat 3 of 4 Prelims				
1	Leila Alam	10	Thomas S Woo	29.55
2	Ivanna-Lydia Sagbo	10	Tuscarora	28.15
3	Jeanelle C. James	10	Col. Zadok M	27.16
4	Hunter Cochran	9	James Hubert	25.59
5	Jacqueline D. Nguessan	10	Col. Zadok M	26.42
6	Angelyn Quansah	10	Oakdale	27.94
7	Taylor Flickinger	12	Sherwood	28.94
8	Aliyah Williams	12	Rockville	32.14
Heat 4 of 4 Prelims				
1	Noa Moreira	10	Damascus	29.54
2	Alexandria McKinstry	10	Linganore	28.13
3	Rylee Purdum	10	Linganore	26.96
4	Brooke Cochran	12	James Hubert	24.52
5	Anika Wong	11	Rockville	26.84
6	Adaeze Obuekwe	11	Tuscarora	28.04
7	Taniya Flanagan	11	North Hagers	29.04
8	Aracely Alvarez-Mazariegos	9	Rockville	37.34

Event 354 Girls 400 Meter Dash 3A

Lane	Name	Yr	School	Seed Time
Section 1 of 4 Finals				
2	Miriam Cardona	10	Watkins Mill	1:16.29
3	Ami McLawyer	12	Watkins Mill	1:10.87
4	Savannah Elling	9	Tuscarora	1:07.98
5	Kalayah Knowlton	10	North Hagers	1:08.52
6	Mikalia Erazo	9	Damascus	1:12.27

3A West Region Meet - 5/15/2024 to 5/16/2024

Oakdale HS
Meet Program**Section 2 of 4 Finals...(Event 354 Girls 400 Meter Dash 3A)**

1	Avery Evans	9	Damascus	1:07.12
2	Charly Shorter	9	South Hagers	1:06.68
3	Simone Ramos	9	Rockville	1:06.19
4	Ashley E. Polcawich	9	Col. Zadok M	1:05.56
5	Nina Broughton	12	Sherwood	1:06.14
6	Ella Steben	9	Linganore	1:06.26
7	Anika Wong	11	Rockville	1:06.94
8	Annabelle Schaberl	10	North Hagers	1:07.69

Section 3 of 4 Finals

1	Alissa Argueta	10	Tuscarora	1:04.83
2	Addison Oldham	10	Oakdale	1:03.64
3	Dora-Artoni E. Artoni	9	Col. Zadok M	1:03.30
4	Emma Mascari	12	Sherwood	1:01.87
5	Ashlie Turk	12	Oakdale	1:02.12
6	Fiona Collins	9	Oakdale	1:03.35
7	Lena Reesman	11	Linganore	1:04.07
8	Taylor Flickinger	12	Sherwood	1:05.14

Section 4 of 4 Finals

1	Tabitha Newman	11	Rockville	59.74
2	Juliana Nardini	11	Linganore	57.79
3	Jaayah Jenkins	11	James Hubert	57.57
4	Brooke Cochran	12	James Hubert	56.32
5	Aaliyah Jalloh	12	Thomas S Woo	57.29
6	Celeste Rodriguez-Aguilar	12	Tuscarora	57.77
7	Jacqueline D. Nguessan	10	Col. Zadok M	59.03
8	Megan Antonishek	11	Damascus	1:01.57

Event 355 Girls 800 Meter Run 3A

Lane	Name	Yr	School	Seed Time
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Section 1 of 3 Finals

1	Lexis Owens	11	Damascus	2:41.03
2	Corina Servis	12	Rockville	2:43.29
3	Mieraf Haile	10	Sherwood	2:50.06
4	Zia Sanchez-Elosh	10	Rockville	2:50.69
5	Maria Kirby	11	Damascus	2:55.05
6	Leni Linker	11	Sherwood	2:55.93
7	Skyler C. Galley	11	Col. Zadok M	2:57.19
8	Miriam Cardona	10	Watkins Mill	2:58.78
9	Rowan Foley	12	South Hagers	2:59.21
10	Paulina Ortiz Nurinda	9	Watkins Mill	3:06.97
11	Josselyn Sotelo	10	Watkins Mill	3:18.81

Section 2 of 3 Finals

1	Ashley E. Polcawich	9	Col. Zadok M	2:27.24
2	Audrey Meadows	11	Linganore	2:27.38
3	Morgan Roberts	11	Linganore	2:27.99
4	Abigail McConnell	11	Oakdale	2:28.04
5	Simone Carter	10	James Hubert	2:28.32
6	Ava Elliott	11	Tuscarora	2:29.87
7	Ella Hajel	11	North Hagers	2:30.91
8	Madison Chorney	12	Oakdale	2:33.44
9	Annalise Wells	9	Oakdale	2:34.59
10	Elizabeth Young	12	Tuscarora	2:36.94
11	Kendall Herndon	9	Sherwood	2:36.99

Section 3 of 3 Finals

1	Jaayah Jenkins	11	James Hubert	2:16.11
2	Hailey Lane	10	Tuscarora	2:17.64
3	Emilie Creighton	11	James Hubert	2:17.73
4	Rian Johnson	11	North Hagers	2:19.14
5	Victoria Ketzler	12	Thomas S Woo	2:19.48
6	Aaliyah Jalloh	12	Thomas S Woo	2:20.35
7	Lauren Stine	11	North Hagers	2:21.57
8	Charlotte Chang	10	Thomas S Woo	2:22.86
9	Haylie Keegan	11	Linganore	2:24.64
10	Jade Trowell	11	Damascus	2:25.57
11	Josephine Swagart	12	Rockville	2:26.66

Event 356 Girls 1600 Meter Run 3A

Lane	Name	Yr	School	Seed Time
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Section 1 of 2 Finals

1	Lexis Owens	11	Damascus	5:47.97
2	Corina Servis	12	Rockville	5:51.13
3	Elizabeth Watkins	9	Linganore	6:01.49
4	Brooke Reynolds	9	Linganore	6:05.38
5	Kendall Herndon	9	Sherwood	6:08.25
6	Jenny Schlossberg	12	Damascus	6:13.08
7	Brooke Johnson	10	Sherwood	6:23.64
8	Abigail Call	12	North Hagers	6:26.23
9	Zia Sanchez-Elosh	10	Rockville	6:31.89
10	Miriam Cardona	10	Watkins Mill	6:37.10
11	Caryss Canda	10	Damascus	6:38.07
12	Anna N. Gabbidon	11	James Hubert	6:52.54
13	Paulina Ortiz Nurinda	9	Watkins Mill	7:13.10
14	Gracie Butts	11	South Hagers	7:25.54
15	Josselyn Sotelo	10	Watkins Mill	7:32.70
16	Veronica Garcia	9	James Hubert	NT

Section 2 of 2 Finals

1	Lauren Stine	11	North Hagers	5:03.60
2	Victoria Ketzler	12	Thomas S Woo	5:05.30
3	Emilie Creighton	11	James Hubert	5:07.83
4	Rian Johnson	11	North Hagers	5:09.08
5	Hailey Lane	10	Tuscarora	5:12.30
6	Emily Lewis	9	Thomas S Woo	5:16.24
7	Madeline Quirion	10	Sherwood	5:16.83
8	Charlotte Chang	10	Thomas S Woo	5:18.08
9	Nina Connors	12	Tuscarora	5:19.30
10	Madison Chorney	12	Oakdale	5:22.22
11	Josephine Swagart	12	Rockville	5:24.10
12	Lizzie Wells	10	Oakdale	5:25.35
13	Johanna Mitchell	10	Oakdale	5:26.94
14	Meredith Moyer	12	Linganore	5:27.75
15	Ava Elliott	11	Tuscarora	5:31.15
16	Samantha M. Polcawich	9	Col. Zadok M	5:42.11

3A West Region Meet - 5/15/2024 to 5/16/2024

Oakdale HS
Meet Program

Event 357 Girls 3200 Meter Run 3A

Lane	Name	Yr	School	Seed Time
Section 1 of 2 Finals				
1	Ella Hajel	11	North Hagers	13:03.47
2	Annie Sun	11	Thomas S Woo	13:04.18
3	Violet Lapping	10	Oakdale	13:13.52
4	Molly Eisenfeld	10	Thomas S Woo	13:18.36
5	Jenny Schlossberg	12	Damascus	13:45.82
6	Shelby Querry	10	Oakdale	13:49.20
7	Brooke Johnson	10	Sherwood	14:10.96
8	Zia Sanchez-Elosh	10	Rockville	14:30.93
9	Suchira Mulagura	9	Damascus	NT
10	Caryss Canda	10	Damascus	NT
11	Savanna Mills	12	Sherwood	NT
12	Alesa J. Wheeler	9	James Hubert	NT

Section 2 of 2 Finals

1	Lauren Stine	11	North Hagers	10:36.92
2	Madeline Quirion	10	Sherwood	11:21.09
3	Meredith Moyer	12	Linganore	11:31.92
4	Nina Connors	12	Tuscarora	11:32.92
5	Emilie Creighton	11	James Hubert	11:34.52
6	Josephine Swagart	12	Rockville	11:43.19
7	Ava Elliott	11	Tuscarora	11:46.68
8	Madison Chorney	12	Oakdale	11:50.10
9	Elizabeth Young	12	Tuscarora	11:54.00
10	Anna Chamberlin	10	North Hagers	12:02.31
11	Emily Stadter	12	Linganore	12:35.29
12	Samantha M. Polcawich	9	Col. Zadok M	12:41.15
13	Samantha Whiteman	9	Linganore	12:43.06
14	Corina Servis	12	Rockville	12:45.92
15	Jupiter Schellase	10	South Hagers	12:53.20

Event 360 Girls 100 Meter Hurdles 3A

12 Advance: Top 1 Each Heat plus Next 2 Best Times

Lane	Name	Yr	School	Seed Time
Heat 1 of 4 Prelims				
2	Lauren Arnold	9	James Hubert	19.24
3	Lauren Wright	12	Watkins Mill	17.99
4	Tabitha Newman	11	Rockville	16.84
5	Kamonye Joppy	11	Oakdale	16.85
6	Kristen Gyamfi	10	South Hagers	18.17
7	Kymani Bennett	9	Sherwood	19.26
Heat 2 of 4 Prelims				
1	Lanny M. Fuentes-Pacheco	9	Col. Zadok M	22.50
2	Noa Moreira	10	Damascus	19.10
3	Sophie Wisniewski	11	James Hubert	17.98
4	Gabriella Janss	11	Damascus	16.35
5	Rhianna Ignasiak	11	South Hagers	17.07
6	Leah Doornink	10	Linganore	18.22
7	Iyeshanita M. Sesay		Col. Zadok M	20.23

Heat 3 of 4 Prelims

1	Sydney-Rose Gangaram	9	Col. Zadok M	22.36
2	Kayla Cash	12	Tuscarora	18.98
3	Veronica Covaliu-Fuentes	12	Sherwood	17.84
4	Madison Medley	11	Watkins Mill	15.74
5	Lillian Schultz	11	Oakdale	17.09
6	Naomi Powell	11	South Hagers	18.51
7	Maysa Dijbom	10	Damascus	20.32

Heat 4 of 4 Prelims

1	Mya Thomas	12	Watkins Mill	20.64
2	Amanda Kraft	11	Sherwood	18.94
3	Sydney Hall	9	Linganore	17.61
4	Nicole Kuria	11	Rockville	15.44
5	Ava Rosella	11	Oakdale	17.41
6	Jazmin McKellar	12	Tuscarora	18.75
7	Thandi Labor	10	Rockville	20.55

Event 361 Girls 300 Meter Hurdles 3A

Lane	Name	Yr	School	Seed Time
Section 1 of 4 Finals				
3	Sydney-Rose Gangaram	9	Col. Zadok M	1:01.23
4	Lanny M. Fuentes-Pacheco	9	Col. Zadok M	1:00.58
5	Iyeshanita M. Sesay		Col. Zadok M	1:00.72
6	Lauren Arnold	9	James Hubert	1:03.11
Section 2 of 4 Finals				
1	Nyla Mensah	9	Watkins Mill	57.09
2	Lauren Wright	12	Watkins Mill	55.64
3	Noa Moreira	10	Damascus	54.05
4	Kamonye Joppy	11	Oakdale	53.63
5	Veronica Covaliu-Fuentes	12	Sherwood	53.89
6	Amanda Kraft	11	Sherwood	55.54
7	Mary Miller	9	Damascus	56.71
8	Jazmin McKellar	12	Tuscarora	59.51
Section 3 of 4 Finals				
1	Grace Degboevi	10	Tuscarora	53.32
2	Kymani Bennett	9	Sherwood	52.84
3	Ami McLawyer	12	Watkins Mill	52.57
4	Sydney Hall	9	Linganore	51.06
5	Rhianna Ignasiak	11	South Hagers	52.14
6	Sarah Chlebda	10	Oakdale	52.64
7	Genevieve Vlha	11	Linganore	52.97
8	Naomi Powell	11	South Hagers	53.47
Section 4 of 4 Finals				
1	Anthonette Bantamoi	12	North Hagers	50.16
2	Imani C. Ngala	9	James Hubert	50.07
3	Nicole Kuria	11	Rockville	47.11
4	Autumn Ingram	12	Thomas S Woo	46.47
5	Tabitha Newman	11	Rockville	46.73
6	Gabriella Janss	11	Damascus	48.72
7	Ava Rosella	11	Oakdale	50.15
8	Sophie Wisniewski	11	James Hubert	50.69

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Meet Program**Event 371 Girls 4x100 Meter Relay 3A**

Lane	Team	Relay	Seed Time
Section 1 of 2 Finals			
3	Rockville		54.44
	1) Simone Ramos 9	2) Aracely Alvarez-Mazariegos 9	
	3) Aliyah Williams 12	4) Anika Wong 11	
4	Sherwood		52.84
	1) Isabella Gonzalez 10	2) Cecile Apetse 10	
	3) Kelly Nelson 11	4) Emma Mascari 12	
5	Linganore		53.40
	1) Lindsay Cherry 12	2) Bailey Hall 11	
	3) Leah Merriwether 10	4) Giselle Esquivel 12	
Section 2 of 2 Finals			
1	Thomas S Woo		52.60
	1) Autumn Ingram 12	2) Isabella Caban 10	
	3) Leah Ajisafe 10	4) Zaara Burnett 10	
2	Watkins Mill		51.57
	1) Seti Ouelega 11	2) Dynasty Brackenridge 10	
	3) Erica Kouame 9	4) Madison Medley 11	
3	South Hagers		50.50
	1) Wynter Cephus 9	2) Trinity Savage 9	
	3) Reilly Foley 9	4) Jessica Franklin 12	
4	Tuscarora		49.69
	1) Biangca LeFevre 11	2) Jennifer Attia 12	
	3) Assiatou Camara 10	4) Taionna Jackson 11	
5	Damascus		50.49
	1) Chay Julien 11	2) Noura-Sita Koua 11	
	3) Shekinah Jamison 11	4) Elsie Habib 12	
6	Oakdale		51.33
	1) Heather Twum 10	2) Ella Kreuzburg 10	
	3) Lilah Colbert 9	4) Lillian Schultz 11	
7	James Hubert		51.84
	1) Sophie Wisniewski 11	2) Trynice Knight 9	
	3) Chandler L. Bell 10	4) Halle Whern 11	
8	Col. Zadok M		52.61
	1) Jeanelle C. James 10	2) Cora G. Bien-Aime 12	
	3) Dora-Artoni E. Artoni 9	4) Mamady Bangoura 10	

Event 372 Girls 4x200 Meter Relay 3A

Lane	Team	Relay	Seed Time
Section 1 of 2 Finals			
3	Sherwood		1:53.00
	1) Isabella Gonzalez 10	2) Kelly Nelson 11	
	3) Cecile Apetse 10	4) Zoey Scheraga 11	
4	Thomas S Woo		1:51.47
	1) Autumn Ingram 12	2) Xinsu Lu 11	
	3) Isabella Caban 10	4) Mia Coven 10	
5	Watkins Mill		1:51.60
	1) Seti Ouelega 11	2) Amanda Burton 9	
	3) Kailey Meadows 11	4) Erica Kouame 9	

Section 2 of 2 Finals

1	Tuscarora		1:49.48
	1) Marilyn Blay 12	2) Assiatou Camara 10	
	3) Jennifer Attia 12	4) Taionna Jackson 11	
2	Col. Zadok M		1:48.12
	1) Dora-Artoni E. Artoni 9	2) Cora G. Bien-Aime 12	
	3) Jeanelle C. James 10	4) Mamady Bangoura 10	
3	Oakdale		1:47.73
	1) Ashlie Turk 12	2) Angelyn Quansah 10	
	3) Ava Rosella 11	4) Heather Twum 10	
4	James Hubert		1:41.73
	1) Brooke Cochran 12	2) Hunter Cochran 9	
	3) Trynice Knight 9	4) Halle Whern 11	
5	Linganore		1:46.41
	1) Alexandria McKinstry 10	2) Rylee Purdum 10	
	3) Josslyn Quansah 11	4) Juliana Nardini 11	
6	South Hagers		1:47.75
	1) Wynter Cephus 9	2) Reilly Foley 9	
	3) Trinity Savage 9	4) Jessica Franklin 12	
7	Damascus		1:49.15
	1) Anna Polk 12	2) Elsie Habib 12	
	3) Megan Antonishek 11	4) Noura-Sita Koua 11	

Event 374 Girls 4x400 Meter Relay 3A

Lane	Team	Relay	Seed Time
Section 1 of 2 Finals			
3	Watkins Mill		5:02.96
	1) Susana Beccles 10	2) Ami McLawyer 12	
	3) Camila Pupo 10	4) Nyla Mensah 9	
4	Rockville		4:33.01
	1) Nicole Kuria 11	2) Aliyah Williams 12	
	3) Simone Ramos 9	4) Tabitha Newman 11	
5	South Hagers		4:42.78
	1) Ajayah Alexander 10	2) Reilly Foley 9	
	3) Da Miah Donerson 9	4) Charly Shorter 9	

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Oakdale HS

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Section 2 of 2 Finals...(Event 374 Girls 4x400 Meter Relay 3A)

1	Damascus	4:22.62
	1) Jade Trowell 11	2) Avery Evans 9
	3) Gabriella Janss 11	4) Noura-Sita Koua 11
2	Col. Zadok M	4:12.44
	1) Ashley E. Polcawich 9	2) Dora-Artoni E. Artoni 9
	3) Samantha M. Polcawich 9	4) Jacqueline D. Nguessan 10
3	Thomas S Woo	4:11.04
	1) Mia Coven 10	2) Xinsu Lu 11
	3) Victoria Ketzler 12	4) Aaliyah Jalloh 12
4	Tuscarora	4:04.58
	1) Jennifer Attia 12	2) Nina Connors 12
	3) Hailey Lane 10	4) Celeste Rodriguez-Aguilar 12
5	James Hubert	4:09.83
	1) Brooke Cochran 12	2) Hunter Cochran 9
	3) Jaayah Jenkins 11	4) Simone Carter 10
6	Linganore	4:11.31
	1) Haylie Keegan 11	2) Audrey Meadows 11
	3) Juliana Nardini 11	4) Josslyn Quansah 11
7	Oakdale	4:15.65
	1) Ashlie Turk 12	2) Addison Oldham 10
	3) Ava Rosella 11	4) Fiona Collins 9
8	Sherwood	4:25.53
	1) Taylor Flickinger 12	2) Nina Broughton 12
	3) Tamra Fluellen 10	4) Zoey Scheraga 11

Event 378 Girls 4x800 Meter Relay 3A

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Thomas S Woo		9:26.86
	1) Charlotte Chang 10	2) Aaliyah Jalloh 12	
	3) Emily Lewis 9	4) Victoria Ketzler 12	
2	North Hagers		9:44.86
	1) Meilyn Twyman 9	2) Abigail Call 12	
	3) Brianna Mathews 10	4) Annie Myers 9	
3	Tuscarora		9:46.44
	1) Celeste Rodriguez-Aguilar 12	2) Nina Connors 12	
	3) Ava Elliott 11	4) Hailey Lane 10	
4	James Hubert		9:48.08
	1) Jaayah Jenkins 11	2) Emilie Creighton 11	
	3) Simone Carter 10	4) Sifen F. Tusse 10	
5	Linganore		10:01.26
	1) Haylie Keegan 11	2) Audrey Meadows 11	
	3) Morgan Roberts 11	4) Ella Steben 9	
6	Oakdale		10:06.88
	1) Ashlie Turk 12	2) Madison Chorney 12	
	3) Abigail McConnell 11	4) Johanna Mitchell 10	
7	Col. Zadok M		10:22.59
	1) Ashley E. Polcawich 9	2) Skyler C. Galley 11	
	3) Jacqueline D. Nguessan 10	4) Samantha M. Polcawich 9	
8	Damascus		10:36.66
	1) Gabriella Janss 11	2) Lexis Owens 11	
	3) Jade Trowell 11	4) Megan Antonishek 11	
9	Sherwood		11:00.00
	1) Kendall Herndon 9	2) Mieraf Haile 10	
	3) Madeline Quirion 10	4) Tamra Fluellen 10	
10	Rockville		11:11.16
	1) Corina Servis 12	2) Genevieve Molnar 10	
	3) Isabella Deadrick 9	4) Zia Sanchez-Elosh 10	
11	South Hagers		11:31.70
	1) Gracie Butts 11	2) Ashley Kamga 12	
	3) Rowan Foley 12	4) Da Miah Donerson 9	

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Event 380 Girls High Jump 3A

Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	Kennedy Scott	10	Damascus	NH
2	Grace Degboevi	10	Tuscarora	NH
3	Deborah A. Adeyemi	10	Tuscarora	NH
4	Nyla Mensah	9	Watkins Mill	4-00.00
5	Camila Pupo	10	Watkins Mill	4-00.00
6	Keira Whipple	11	Sherwood	4-02.00
7	Kailey Meadows	11	Watkins Mill	4-02.00
8	Tamra Fluellen	10	Sherwood	4-02.00
9	Laila Faire Williams	10	North Hagers	4-03.00
10	Amanda Chung	10	Linganore	4-04.00
11	Ana Small-Simmons	12	South Hagers	4-04.00
12	Mika Panas	11	Linganore	4-04.00
13	Veronica Covaliu-Fuentes	12	Sherwood	4-04.00
14	Jupiter Schellase	10	South Hagers	4-05.00
15	Noa Moreira	10	Damascus	4-06.00
16	Kara King	9	Oakdale	4-06.00
17	Shannah Khavrutskii	10	Oakdale	4-06.00
18	Brooke A. Diemer	11	Col. Zadok M	4-06.00
19	Leanne Brown	11	Thomas S Woo	4-08.00
20	Johanna Mitchell	10	Oakdale	4-08.00
21	Raeona Fisher	10	James Hubert	4-10.00
22	Juliana Nardini	11	Linganore	5-00.00
23	Anna Chamberlin	10	North Hagers	5-00.00
24	Megan Antonishek	11	Damascus	5-00.00
25	Sierra Swangin	11	James Hubert	5-07.00

Event 381 Girls Long Jump 3A

Pos	Name	Yr	School	Seed Mark
Flight 1 of 2 Finals				
1	Chloe Yeh	9	Thomas S Woo	12-01.00
2	Emily A. Olivares Cano	10	James Hubert	13-10.00
3	Camila Pupo	10	Watkins Mill	13-10.00
4	Oluwaseun Awofisayo	11	Linganore	14-01.00
5	Cecile Apetse	10	Sherwood	14-01.00
6	Kailey Meadows	11	Watkins Mill	14-03.00
7	Rhianna Ignasiak	11	South Hagers	14-03.50
8	Anika Wong	11	Rockville	14-06.00
9	Cassidy Harper	9	Oakdale	14-06.75
10	Assiatou Camara	10	Tuscarora	14-09.25
11	Trinity McLaurin	9	Oakdale	15-00.75
12	Kelly Nelson	11	Sherwood	15-02.25
13	Taionna Jackson	11	Tuscarora	15-02.75

Flight 2 of 2 Finals

1	Chloe Gietka	9	South Hagers	15-08.00
2	Isabella Gonzalez	10	Sherwood	15-08.00
3	Sierra Swangin	11	James Hubert	15-09.00
4	Annabelle Schaberl	10	North Hagers	15-11.75
5	Halle Whern	11	James Hubert	16-03.00
6	Biangca LeFevre	11	Tuscarora	16-05.00
7	Ella Kreuzburg	10	Oakdale	16-06.00
8	Skyler C. Galley	11	Col. Zadok M	16-06.50
9	Shekinah Jamison	11	Damascus	16-07.00
10	Bailey Hall	11	Linganore	16-09.25
11	Trinity Savage	9	South Hagers	17-01.50
12	Anna Polk	12	Damascus	17-03.00
13	Chay Julien	11	Damascus	17-03.50

Event 382 Girls Triple Jump 3A

Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	Emily Sevilla	10	Damascus	ND
2	Halle Whern	11	James Hubert	ND
3	Leanne Brown	11	Thomas S Woo	28-00.00
4	Kailey McRae	10	James Hubert	29-01.00
5	Cassidy Harper	9	Oakdale	29-04.00
6	Kailey Meadows	11	Watkins Mill	29-10.00
7	Ivanna-Lydia Sagbo	10	Tuscarora	30-04.00
8	Gabrielle Dennis	9	Oakdale	30-07.00
9	Jeanell Stemm	12	Tuscarora	32-08.25
10	Deborah A. Adeyemi	10	Tuscarora	32-10.50
11	Sierra Swangin	11	James Hubert	33-00.00
12	Ella Kreuzburg	10	Oakdale	33-02.00
13	Shekinah Jamison	11	Damascus	34-10.50
14	Zaara Burnett	10	Thomas S Woo	35-04.00
15	Chay Julien	11	Damascus	36-04.25
16	Josslyn Quansah	11	Linganore	36-07.00

Event 383 Girls Shot Put 3A

Pos	Name	Yr	School	Seed Mark
Flight 1 of 2 Finals				
1	Anna Nguyen	11	Rockville	21-04.00
2	Stephanie Shifman	10	Thomas S Woo	21-08.00
3	Skylar Wade	9	Thomas S Woo	21-08.50
4	Giana Rodriguez	12	Sherwood	22-02.00
5	Julianni Wyche	10	James Hubert	23-11.50
6	Brooke A. Diemer	11	Col. Zadok M	25-01.00
7	Anaika Mehta	10	Thomas S Woo	25-02.50
8	Emily Sevilla	10	Damascus	25-03.00
9	Caya Joseph	9	Rockville	25-08.00
10	Lashanna Ouedraogo	10	Damascus	26-02.00
11	Jacquelyn Cole	10	Oakdale	26-06.50
12	Dalayah Rose	9	Sherwood	26-10.00
13	Olivia Kiniry	10	Sherwood	26-11.00
14	Alexis Rich	12	Linganore	27-08.75

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Flight 2 of 2 Finals...(Event 383 Girls Shot Put 3A)

1	Faith Kyere	11	Linganore	28-00.00
2	Brooklyn Styles	11	South Hagers	28-01.00
3	Jenna Weingard	12	Oakdale	29-04.00
4	Adaeze Obuekwe	11	Tuscarora	29-11.75
5	Niara Grant	12	Tuscarora	30-06.25
6	Tochi Akanu Ujah	11	South Hagers	30-10.00
7	Jordyn Shipley	10	Linganore	30-11.00
8	Precious Young	10	Damascus	30-11.00
9	Emilie Domond	12	James Hubert	31-01.25
10	Angela Key-Barnes	11	Watkins Mill	31-02.50
11	Cortny Lamptey	12	Tuscarora	31-10.75
12	Ana Small-Simmons	12	South Hagers	33-02.00
13	Madison Medley	11	Watkins Mill	34-08.25
14	Ange Sarah Nganou	12	Oakdale	35-01.50
15	Jabea Ewane	11	Watkins Mill	37-02.75

Event 385 Girls Pole Vault 3A

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Isabella Bruette	12	North Hagers	6-06.00	
2	Reggan Chapin	9	North Hagers	7-00.00	
3	Claire Heard	11	North Hagers	7-00.00	
4	Julianni Wyche	10	James Hubert	7-06.00	
5	Evelin Heine	11	Linganore	8-00.00	
6	Katherine Padilla	12	Linganore	8-00.00	
7	Fiona Collins	9	Oakdale	9-00.00	
8	Morgan Booth	9	Oakdale	9-00.00	
9	Carly Moyer	10	Linganore	9-00.00	
10	Riley Troxell	12	South Hagers	9-06.00	
11	Zoe Pallia	11	Damascus	10-06.00	
12	Lillian Schultz	11	Oakdale	12-00.00	

Event 384 Girls Discus Throw 3A

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 3 Finals					
1	Caya Joseph	9	Rockville	51-07	
2	Maryam Habib	10	Sherwood	55-08	
3	Stephanie Boadu	12	Tuscarora	58-10	
4	Brooke A. Diemer	11	Col. Zadok M	59-00	
5	Jessica Sessinou	12	Tuscarora	62-11	
6	Katelyn Dorsey	10	Tuscarora	63-07	
7	Anna Nguyen	11	Rockville	64-05	
8	Olivia Kiniry	10	Sherwood	66-07	
9	Stephanie Shifman	10	Thomas S Woo	66-08.25	
10	Zoe Upton	10	Rockville	66-09	
Flight 2 of 3 Finals					
1	Cassandra Nti	12	Linganore	68-00	
2	Rizzo Chapin	11	North Hagers	69-08	
3	Camilla Otinkorang	12	South Hagers	70-05	
4	Skylar Wade	9	Thomas S Woo	73-03	
5	Otto Mia	9	Oakdale	73-03	
6	Emily Sevilla	10	Damascus	73-08.50	
7	Precious Young	10	Damascus	75-10	
8	Kameryn Burrill	10	North Hagers	77-00	
9	Sarah Polk	10	Damascus	77-03	
10	Kristin Stiles	10	South Hagers	80-03	
Flight 3 of 3 Finals					
1	Dalayah Rose	9	Sherwood	80-09	
2	Jenna Weingard	12	Oakdale	83-08	
3	Angela Key-Barnes	11	Watkins Mill	88-05	
4	Ana Small-Simmons	12	South Hagers	88-06	
5	Anaika Mehta	10	Thomas S Woo	89-04	
6	Emilie Domond	12	James Hubert	90-08	
7	Jabea Ewane	11	Watkins Mill	102-03	
8	Jordyn Shipley	10	Linganore	103-00	
9	Alexis Rich	12	Linganore	103-04	
10	Madison Medley	11	Watkins Mill	111-07	
11	Ange Sarah Nganou	12	Oakdale	116-02	