

3A West Region Meet - 5/14/2026 to 5/16/2026

Frederick HS

Results

Event 301 Boys 100 Meter Dash 3A

Name	Yr	School	Prelims
Preliminaries			
1	Jasiri Belote	12 Tuscarora (M)	10.96QNWI
2	Jordan Barrett	12 Damascus	11.09QNWI
3	Karim Alexander	12 Sherwood	11.18QNWI
4	Jayden Parsley	12 Frederick	11.19QNWI
5	Christopher Hammond	10 Linganore	11.34QNWI
6	Quinton Dodds	12 Linganore	11.14q NWI
7	Isaiah Seering	10 North Hagers	11.16q NWI
8	Maxoldy Pierre-Canel	11 Sherwood	11.42q NWI
9	Zack Dunker	12 Oakdale	11.44q NWI
10	Jahlil McDonald-Black	12 Col. Zadok M	11.48q NWI
11	Aedan Glasgow	12 Northwood	11.48q NWI
12	Raheem Gerald	10 Oakdale	11.49q NWI
13	Paul Couch	11 Damascus	11.51q NWI
14	Phillip Bailey Jr	11 Frederick	11.54q NWI
15	Aaron Meadows	11 Watkins Mill	11.55q NWI
16	zakai Hardrick	11 Damascus	11.56q NWI
17	Delmer Cardona Arias	12 Rockville	11.60 NWI
18	Kymani Pompey	11 Northwood	11.62 NWI
19	David Clifford	12 North Hagers	11.63 NWI
20	Abdoul Ilboudo	12 Northwood	11.63 NWI
21	Charlie Alt	11 Oakdale	11.68 NWI
22	Divine Wolo	10 Frederick	11.76 NWI
23	London Hardy	11 Sherwood	12.02 NWI
24	Francis Slour	11 Tuscarora (M)	12.03 NWI
25	Mykai Bostic	10 North Hagers	12.11 NWI
26	Maximus Gomez	11 Thomas S Woo	12.17 NWI
27	Kevin Gilzene, Jr.	11 Rockville	12.26 NWI
28	Jason Castillo	10 Watkins Mill	12.35 NWI
29	Izaiah Belliel	12 Rockville	12.35 NWI

Event 301 Boys 100 Meter Dash 3A

Name	Yr	School	Finals
Finals			
1	Jasiri Belote	12 Tuscarora (M)	10.69 10
2	Quinton Dodds	12 Linganore	10.98 8
3	Karim Alexander	12 Sherwood	10.98 6
4	Jayden Parsley	12 Frederick	11.00 5
5	Isaiah Seering	10 North Hagers	11.07 4
6	Jordan Barrett	12 Damascus	11.15 3
7	Christopher Hammond	10 Linganore	11.15 2
8	Aedan Glasgow	12 Northwood	11.19 1
9	Raheem Gerald	10 Oakdale	11.31 NWI
10	Maxoldy Pierre-Canel	11 Sherwood	11.35 NWI
11	Zack Dunker	12 Oakdale	11.39 NWI
12	Jahlil McDonald-Black	12 Col. Zadok M	11.43 NWI

Event 302 Boys 200 Meter Dash 3A

Name	Yr	School	Prelims
Preliminaries			
1	Jasiri Belote	12 Tuscarora (M)	22.16QNWI

2	Mark Aghadiuno	12 Watkins Mill	22.22QNWI
3	Jake Brown	11 Linganore	22.33QNWI
4	Quinton Dodds	12 Linganore	22.84QNWI
5	Karim Alexander	12 Sherwood	22.84QNWI
6	Davide Barbero	11 Damascus	22.82q NWI
7	Aidan Koffa	12 Tuscarora (M)	22.93q NWI
8	Isaiah Seering	10 North Hagers	22.98q NWI
9	Abdoul Ilboudo	12 Northwood	23.02q NWI
10	Jahlil McDonald-Black	12 Col. Zadok M	23.11q NWI
11	Jayden Parsley	12 Frederick	23.12q NWI
12	Jack Arnold	9 Damascus	23.13q NWI
13	Zack Dunker	12 Oakdale	23.25q NWI
14	Taylor Rosario	9 Linganore	23.27q NWI
15	Jared Anderson	9 North Hagers	23.30q NWI
16	Wesley Whitcomb-Chun	11 Sherwood	23.39q NWI
17	zakai Hardrick	11 Damascus	23.40 NWI
18	Aedan Glasgow	12 Northwood	23.44 NWI
19	Maxoldy Pierre-Canel	11 Sherwood	23.54 NWI
20	Carter Naylor	11 North Hagers	23.65 NWI
21	Brayden Wilhelm	12 Tuscarora (M)	23.73 NWI
22	Raheem Gerald	10 Oakdale	23.79 NWI
23	Avery Glasgow	10 Northwood	23.89 NWI
24	Malikai Velez-Mckee	11 Oakdale	23.96 NWI
25	Ocean Eone	12 Frederick	24.21 NWI
26	Izaiah Belliel	12 Rockville	24.56 NWI
27	Kevin Gilzene, Jr.	11 Rockville	24.76 NWI
28	Damein Campbell	10 Watkins Mill	24.90 NWI
29	James Prince III	9 Frederick	25.23 NWI
30	Parker Pei	9 Rockville	25.55 NWI
31	Idris Brown	9 Thomas S Woo	25.84 NWI
32	Josiah Jones Ingram	10 Watkins Mill	27.42 NWI

Event 302 Boys 200 Meter Dash 3A

Name	Yr	School	Finals
Finals			
1	Jake Brown	11 Linganore	21.42 10
2	Jasiri Belote	12 Tuscarora (M)	21.51 8
3	Karim Alexander	12 Sherwood	21.94 6
4	Quinton Dodds	12 Linganore	22.33 5
5	Davide Barbero	11 Damascus	22.69 4
6	Isaiah Seering	10 North Hagers	22.98 3
7	Aidan Koffa	12 Tuscarora (M)	22.99 2
8	Abdoul Ilboudo	12 Northwood	23.09 1
9	Jahlil McDonald-Black	12 Col. Zadok M	23.16 NWI
10	Jack Arnold	9 Damascus	23.24 NWI

Event 304 Boys 400 Meter Dash 3A

Name	Yr	School	Finals
Finals			
1	Jake Brown	11 Linganore	48.92 10
2	Mark Aghadiuno	12 Watkins Mill	49.25 8
3	Davide Barbero	11 Damascus	50.70 6
4	Kymani Pompey	11 Northwood	50.84 5
5	Joshua Derrell	12 Thomas S Woo	50.88 4
6	Abdoul Ilboudo	12 Northwood	50.88 3
7	Tyler Butler	12 Oakdale	51.01 2

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Finals ... (Event 304 Boys 400 Meter Dash 3A)

Name	Yr	School	Finals	
8 Allen Anderson	12	North Hagers	51.37	1
9 Aidan Koffa	12	Tuscarora (M	51.42	
10 Matthew Gamino	12	Damascus	51.77	
11 Vincent L. Do	12	Col. Zadok M	52.28	
12 Antonio Tolliver	12	North Hagers	52.30	
13 Zion Chike	12	Watkins Mill	52.49	
14 Caleb Alie	12	Sherwood	52.52	
15 Brayden Wilhelm	12	Tuscarora (M	52.81	
16 Merrick Collins	11	Oakdale	52.82	
17 Treyson Goode	11	Sherwood	52.84	
18 Andrew Villavicencio	12	Oakdale	52.91	
19 Besieh Amara	12	Tuscarora (M	52.93	
20 Adam Downie	11	Thomas S Woo	52.93	
21 Ocean Eone	12	Frederick	52.99	
22 Amadou T. Conde	11	Col. Zadok M	53.17	
23 Ethan Padilla	11	Linganore	53.61	
24 Nolan Kocher	11	North Hagers	55.02	
25 Sebastian Pham	11	Sherwood	55.33	
26 Joel Teshome	9	Damascus	55.40	
27 Caleb Van Grack	10	Thomas S Woo	56.19	
28 Chase McIntosh	11	Rockville	58.62	
29 Kaiden Cohan	10	Frederick	59.71	
30 Palmer Stake	9	Rockville	1:01.02	
31 Tosin Yilu	9	Frederick	1:01.97	

Event 305 Boys 800 Meter Run 3A

Name	Yr	School	Finals	
1 Dimitrios Rementelas	10	Sherwood	1:55.26	10
2 Ioannis Rementelas	10	Sherwood	1:56.44	8
3 Andrew Gregorio	12	Oakdale	1:57.36	6
4 Kayden Harris	11	Linganore	1:57.58	5
5 Jacob Araujo	11	Linganore	1:57.93	4
6 Henry Nichols	12	Northwood	1:58.70	3
7 Cruz Carbonell	9	Damascus	1:58.84	2
8 Nicholas Cherry	12	Frederick	1:58.98	1
9 Ian Fisher	10	Northwood	2:00.73	
10 Kal Yewlsew	12	Thomas S Woo	2:00.90	
11 Landon Call	12	North Hagers	2:01.32	
12 Alexander Zirkelbach	10	Sherwood	2:02.04	
13 Fode Doumbia	12	Tuscarora (M	2:04.46	
14 Jacob Luce	12	Damascus	2:05.01	
15 Sai Veda Boyapati	12	Oakdale	2:05.35	
16 Sebastian H. Blanton	9	Col. Zadok M	2:05.93	
17 Micah Carbonell	11	Damascus	2:06.35	
18 Bereket Eshetu	10	Northwood	2:06.39	
19 Samuel Allen	11	Thomas S Woo	2:06.45	
20 Luke Page	11	Tuscarora (M	2:06.48	
21 Xavier Morales	9	Frederick	2:06.49	
22 Allen Anderson	12	North Hagers	2:12.62	
23 Gianelli Milongo	9	Frederick	2:20.70	
24 Natan Site	12	Col. Zadok M	2:22.14	
25 James Áĉĉĉjpáĉĉ Hittinger	9	Watkins Mill	2:22.36	
26 Sean Nguyen	10	Tuscarora (M	2:23.61	

27 Luke Collins	12	Linganore	2:25.18
28 Nicholas Smallwood	12	North Hagers	2:26.09

Event 306 Boys 1600 Meter Run 3A

Name	Yr	School	Finals	
1 Dimitrios Rementelas	10	Sherwood	4:18.12	10
2 Ioannis Rementelas	10	Sherwood	4:20.53	8
3 Ian Fisher	10	Northwood	4:22.73	6
4 Henry Nichols	12	Northwood	4:24.06	5
5 Bereket Eshetu	10	Northwood	4:25.16	4
6 Walker Mason	12	North Hagers	4:26.12	3
7 Landon Call	12	North Hagers	4:26.43	2
8 Avery Smith	10	Sherwood	4:29.02	1
9 Patrick Salter	11	Oakdale	4:30.06	
10 Brandon Kneisler	10	Thomas S Woo	4:30.86	
11 Nicholas Cherry	12	Frederick	4:32.72	
12 Carson Wilt	12	North Hagers	4:38.11	
13 Fode Doumbia	12	Tuscarora (M	4:42.69	
14 Micah Carbonell	11	Damascus	4:46.80	
15 Braeden Taylor	11	Rockville	4:50.58	
16 Benjamin Given	10	Col. Zadok M	4:52.49	
17 Alexander Chavez Salguero	11	Frederick	4:54.00	
18 Luca Servis	12	Rockville	4:54.48	
19 Colin Pradhan	9	Col. Zadok M	4:57.03	
20 Anthony Veith	10	Oakdale	4:58.34	
21 James Áĉĉĉjpáĉĉ Hittinger	9	Watkins Mill	5:02.26	
22 Duncan O'Connor	9	Rockville	5:03.13	
23 Luke Collins	12	Linganore	5:04.95	
24 Jameson Messmore	10	Linganore	5:08.62	
25 Brogan Thompson	10	Oakdale	5:10.37	
26 Carson Moody	10	Tuscarora (M	5:10.79	
27 Keegan Delaney	12	Damascus	5:12.30	
28 Jordi Serrano Palma	10	Damascus	5:13.60	
29 Natan Site	12	Col. Zadok M	5:14.78	
30 Keny Mendez	10	Frederick	5:26.98	

Event 307 Boys 3200 Meter Run 3A

Name	Yr	School	Finals	
1 Dimitrios Rementelas	10	Sherwood	9:31.18	10
2 Bereket Eshetu	10	Northwood	9:34.76	8
3 Ioannis Rementelas	10	Sherwood	9:36.59	6
4 Nathan Downie	12	Thomas S Woo	9:37.62	5
5 Walker Mason	12	North Hagers	9:41.74	4
6 Patrick Salter	11	Oakdale	9:43.28	3
7 Henry Nichols	12	Northwood	10:06.40	2
8 Carson Wilt	12	North Hagers	10:19.35	1
9 Ian Melgosa	11	Northwood	10:27.90	
10 Zayden Adekanmbi	9	Tuscarora (M	10:28.14	
11 Nitish Chikkem	10	Oakdale	10:41.99	
12 Braeden Taylor	11	Rockville	10:43.79	
13 Natan Site	12	Col. Zadok M	10:51.60	
14 Caleb Charmatz	11	Sherwood	10:52.06	
15 Benjamin Given	10	Col. Zadok M	10:56.28	
16 James Áĉĉĉjpáĉĉ Hittinger	9	Watkins Mill	10:57.30	

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Finals ... (Event 307 Boys 3200 Meter Run 3A)

Name	Yr	School	Finals
17 Luca Servis	12	Rockville	11:04.05
18 Alexander Chavez Salguero	11	Frederick	11:09.75
19 Owen Berman	12	Thomas S Woo	11:11.09
20 Keegan Delaney	12	Damascus	11:33.69
21 Felipe Albuquerque	12	North Hagers	11:38.12
22 Jeremy Kim	11	Tuscarora (M	11:50.59
23 Keny Mendez	10	Frederick	12:12.22
24 Benjamin M. Eisenhour	12	Col. Zadok M	12:22.47
25 Erik Calix	11	Frederick	12:41.92

Event 310 Boys 110 Meter Hurdles 3A

Name	Yr	School	Prelims
Preliminaries			
1 Brandon Rosario	11	Linganore	14.85QNWI
2 Osahon Aigbogun	11	Frederick	14.91QNWI
3 David Nguele Etaba	12	Oakdale	15.07QNWI
4 Jonathan Morris	10	North Hagers	15.69q NWI
5 Brady Duvall	12	Linganore	15.72q NWI
6 Thomas Owusu	11	North Hagers	15.87q NWI
7 Terrence Brown	12	Damascus	16.30q NWI
8 Azariya Kelay	12	Sherwood	16.70q NWI
9 Kobe Johnson	12	Rockville	17.65q NWI
10 Antonio Rivera-Herrera	10	North Hagers	19.07q NWI
11 Ellis Brown	12	Damascus	19.87q NWI
12 Devan Treadway	9	Thomas S Woo	20.67q NWI
13 Taiyo Nelson	9	Sherwood	21.07q NWI
14 Miles St. Louis	9	Rockville	22.17q NWI

Event 310 Boys 110 Meter Hurdles 3A

Name	Yr	School	Finals
Finals			
1 Brandon Rosario	11	Linganore	14.10 10
2 Osahon Aigbogun	11	Frederick	14.64 8
3 David Nguele Etaba	12	Oakdale	14.99 6
4 Jonathan Morris	10	North Hagers	15.36 5
5 Thomas Owusu	11	North Hagers	15.46 4
6 Brady Duvall	12	Linganore	15.59 3
7 Terrence Brown	12	Damascus	16.07 2
8 Azariya Kelay	12	Sherwood	16.13 1
9 Kobe Johnson	12	Rockville	16.16 NWI
10 Ellis Brown	12	Damascus	17.60 NWI
11 Antonio Rivera-Herrera	10	North Hagers	19.20 NWI
12 Devan Treadway	9	Thomas S Woo	19.48 NWI

Event 311 Boys 300 Meter Hurdles 3A

Name	Yr	School	Finals
Finals			
1 Brandon Rosario	11	Linganore	39.63 10
2 Isaiah Bobo-Amang	12	Sherwood	40.49 8
3 David Nguele Etaba	12	Oakdale	40.83 6
4 Cody Watkins	12	Oakdale	42.12 5
5 Evan Duvall	11	Linganore	42.28 4
6 Jonathan Morris	10	North Hagers	42.31 3

7 Raheem Gerald	10	Oakdale	43.34 2
8 Azariya Kelay	12	Sherwood	43.94 1
9 Brady Bruette	11	North Hagers	44.42
10 Jamal Nai	12	Damascus	44.59
11 Antonio Rivera-Herrera	10	North Hagers	47.00
12 Ellis Brown	12	Damascus	47.03
13 Terrence Brown	12	Damascus	47.50
14 Adam Sutor	9	Rockville	52.82
--- Nabeel Chen	12	Rockville	DQ

Event 321 Boys 4x100 Meter Relay 3A

Team	Relay	Finals
Finals		
1 Linganore		42.16 10
1) Quinton Dodds 12	2) Jake Brown 11	
3) Bradly Matthews 12	4) Christopher Hammond 10	
2 Sherwood		42.99 8
1) Maxoldy Pierre-Canel 11	2) London Hardy 11	
3) Wesley Whitcomb-Chun 11	4) Karim Alexander 12	
3 Oakdale		43.53 6
1) Zack Dunker 12	2) Charlie Alt 11	
3) Cody Watkins 12	4) Raheem Gerald 10	
4 Damascus		43.73 5
1) Paul Couch 11	2) Jack Arnold 9	
3) zakai Hardrick 11	4) Jordan Barrett 12	
5 Frederick		44.10 4
1) Phillip Bailey Jr 11	2) Divine Wolo 10	
3) Sullivan Harper 12	4) Ocean Eone 12	
6 North Hagerstown		45.69 3
1) Isaiah Seering 10	2) Dylan Bamfo 11	
3) Mykai Bostic 10	4) Carter Naylor 11	
7 Tuscarora (Md)		45.78 2
1) Francis Slour 11	2) Landon Smith 11	
3) Lance Lefevre 9	4) Kaden Vellekoop 11	
8 Rockville		46.15 1
1) Kevin Gilzene, Jr. 11	2) Izaiah Belliel 12	
3) Kobe Johnson 12	4) Delmer Cardona Arias 12	
9 Watkins Mill		47.58
1) Jason Castillo 10	2) Damein Campbell 10	
3) Aman Branch 11	4) Zion Chike 12	

Event 322 Boys 4x200 Meter Relay 3A

Team	Relay	Finals
Finals		
1 Northwood		1:30.25 10
1) Kymani Pompey 11	2) Aedan Glasgow 12	
3) Abdoul Ilboudo 12	4) Avery Glasgow 10	
2 Linganore		1:30.31 8
1) Quinton Dodds 12	2) Jake Brown 11	
3) Brandon Rosario 11	4) Bradly Matthews 12	
3 Tuscarora (Md)		1:31.22 6
1) Jasiri Belote 12	2) Francis Slour 11	
3) Brayden Wilhelm 12	4) Aidan Koffa 12	
4 Sherwood		1:32.25 5
1) Maxoldy Pierre-Canel 11	2) London Hardy 11	
3) Wesley Whitcomb-Chun 11	4) Karim Alexander 12	

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Finals ... (Event 322 Boys 4x200 Meter Relay 3A)

Team	Relay	Finals
5 Oakdale		1:32.28 4
1) Cody Watkins 12	2) Tyler Butler 12	
3) Zack Dunker 12	4) Raheem Gerald 10	
6 North Hagerstown		1:34.56 3
1) Antonio Tolliver 12	2) Jared Anderson 9	
3) Carter Naylor 11	4) Isaiah Seering 10	
7 Watkins Mill		1:36.68 2
1) Jason Castillo 10	2) Aman Branch 11	
3) Aaron Meadows 11	4) Zion Chike 12	
8 Frederick		1:37.76 1
1) Zion McCain 11	2) Jeremiah Abernathy 9	
3) Ayden Clark 10	4) Richard Poku 12	
9 Col. Zadok Magruder		1:40.73
1) Timothy R. Fuller 10	2) Jahlil McDonald-Black 12	
3) Jace B. Queen 9	4) Amadou T. Conde 11	
10 Rockville		1:41.41
1) Izaiah Belliel 12	2) Kevin Gilzene, Jr. 11	
3) Chase McIntosh 11	4) Kobe Johnson 12	
--- Damascus		DQ
1) Paul Couch 11	2) Jordan Barrett 12	
3) Jack Arnold 9	4) Davide Barbero 11	

Event 324 Boys 4x400 Meter Relay 3A

Team	Relay	Finals
Finals		
1 Linganore		3:27.82 10
1) Kayden Harris 11	2) Jacob Araujo 11	
3) Evan Duvall 11	4) Jake Brown 11	
2 Oakdale		3:28.50 8
1) Merrick Collins 11	2) Andrew Villavicencio 12	
3) Malikai Velez-Mckee 11	4) Tyler Butler 12	
3 Damascus		3:28.55 6
1) Matthew Gamino 12	2) Jack Arnold 9	
3) Jordan Barrett 12	4) Davide Barbero 11	
4 Northwood		3:29.89 5
1) Kymani Pompey 11	2) Henry Nichols 12	
3) Abdoul Ilboudo 12	4) Ian Fisher 10	
5 Sherwood		3:30.51 4
1) Caleb Alie 12	2) Treyson Goode 11	
3) Dimitrios Rementelas 10	4) Isaiah Bobo-Amang 12	
6 North Hagerstown		3:38.12 3
1) Carson Wilt 12	2) Carter Naylor 11	
3) Jeremias Lazo 11	4) Nolan Kocher 11	
7 Frederick		3:39.29 2
1) Alexander Chavez Salguero 11	2) Nicholas Cherry 12	
3) Sean Kiggans 12	4) Gianelli Milongo 9	
8 Rockville		4:17.54 1
1) Eduardo Acosta 11	2) Palmer Stake 9	
3) Miles St. Louis 9	4) Kevin Gilzene, Jr. 11	
--- Tuscarora (Md)		DNF
1) Bruno Reyes-Rivas 11	2) Besieh Amara 12	
3) Brayden Wilhelm 12	4) Aidan Koffa 12	

Event 328 Boys 4x800 Meter Relay 3A

Team	Relay	Finals
Finals		
1 Sherwood		8:03.11 10
1) Avery Smith 10	2) Alexander Zirkelbach 10	
3) Ioannis Rementelas 10	4) Dimitrios Rementelas 10	
2 Linganore		8:08.96 8
1) Andrew Griffin 9	2) Kayden Harris 11	
3) Jacob Araujo 11	4) Jake Brown 11	
3 Damascus		8:09.47 6
1) Micah Carbonell 11	2) Jacob Luce 12	
3) Matthew Gamino 12	4) Cruz Carbonell 9	
4 North Hagerstown		8:10.61 5
1) Allen Anderson 12	2) Landon Kelly 12	
3) Carson Wilt 12	4) Landon Call 12	
5 Oakdale		8:12.42 4
1) Merrick Collins 11	2) Sai Vedas Boyapati 12	
3) Brogan Thompson 10	4) Andrew Gregorio 12	
6 Col. Zadok Magruder		8:27.54 3
1) Vincent L. Do 12	2) Natan Sitie 12	
3) Sebastian H. Blanton 9	4) Amadou T. Conde 11	
7 Thomas S Wootton		8:35.15 2
1) Kal Yewsew 12	2) Adam Downie 11	
3) Samuel Allen 11	4) Brandon Kneisler 10	
8 Tuscarora (Md)		8:44.83 1
1) Luke Page 11	2) Carson Moody 10	
3) Zayden Adekanmbi 9	4) Fode Doumbia 12	
9 Frederick		8:51.20
1) Alexander Chavez Salguero 11	2) Ocean Eone 12	
3) Gianelli Milongo 9	4) Xavier Morales 9	
10 Northwood		9:21.96
1) Kenneth Gray 12	2) Dennis Boyce 12	
3) Wilber Echeverria Ventura 12	4) Salomon Alingi 12	

Event 330 Boys High Jump 3A

Name	Yr	School	Finals
Finals			
1 Richard Poku	12	Frederick	6-10.00 10
2 Samuel Cooper	11	Tuscarora (M)	6-08.00 8
3 Ricky Johnson	12	Linganore	6-02.00 6
4 Enoch Adeyemi	10	Tuscarora (M)	6-02.00 5
5 Isaiah Bobo-Amang	12	Sherwood	6-00.00 4
6 Landon Sadowski	11	Linganore	6-00.00 3
7 Collin Basford	10	Tuscarora (M)	5-10.00 2
8 Joshua Aliti	11	Watkins Mill	5-10.00 1
9 David Clifford	12	North Hagers	5-10.00
10 Ayden Clark	10	Frederick	5-06.00
10 Tyler West	12	Sherwood	5-06.00
10 Maqil Ibrahim	11	Sherwood	5-06.00
13 Cooper Byard	11	North Hagers	5-04.00
13 Charlie Alt	11	Oakdale	5-04.00
--- Carter Naylor	11	North Hagers	NH
--- Hasnat Ali	9	Frederick	NH
--- Surya Chari-Large	12	Northwood	NH
--- Ellis Brown	12	Damascus	NH

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Finals ... (Event 330 Boys High Jump 3A)

Name	Yr	School	Finals
--- Tyler Spencer	11	Oakdale	NH

Event 331 Boys Long Jump 3A

Name	Yr	School	Finals
Finals			
1 Richard Poku	12	Frederick	21-06.50 10
2 Ricky Johnson	12	Linganore	20-08.50 8
3 Aaron Meadows	11	Watkins Mill	20-07.75 6
4 Delmer Cardona Arias	12	Rockville	20-03.50 5
5 Phillip Bailey Jr	11	Frederick	20-02.50 4
6 Joshua Gaskill	11	Oakdale	20-00.25 3
7 Osahon Aigbogun	11	Frederick	19-07.75 2
8 Maximus Gomez	11	Thomas S Woo	19-07.00 1
9 Aaron Parker	11	Sherwood	19-03.25 NWI
9 Daveon Black	12	Linganore	19-03.25 NWI
11 Yakini Fletcher	12	Northwood	19-00.00 NWI
12 Kobe Johnson	12	Rockville	18-06.75 NWI
13 Ajani Dagadu	11	Sherwood	18-04.00 NWI
14 Tobias Bang	12	Sherwood	18-03.75 NWI
15 Cooper Byard	11	North Hagers	18-03.25 NWI
16 Kasai Hiev-Madison	11	Damascus	18-00.00 NWI
17 Joshua Aliti	11	Watkins Mill	17-11.25 NWI
18 Ellis Brown	12	Damascus	17-10.00 NWI
19 Semilore Olonisakin	11	Oakdale	17-09.75 NWI
20 Terrence Brown	12	Damascus	17-07.75 NWI
21 Timothy R. Fuller	10	Col. Zadok M	17-03.00 NWI
22 Tristen Lee	9	North Hagers	16-11.50 NWI
23 Emmanuel Eshun	11	Linganore	16-06.00 NWI
24 Carson Moody	10	Tuscarora (M	16-01.50 NWI
25 Ethan Mejule	11	Watkins Mill	14-09.00 NWI
--- Antonio Tolliver	12	North Hagers	ND NWI

Event 332 Boys Triple Jump 3A

Name	Yr	School	Finals
Finals			
1 Yakini Fletcher	12	Northwood	44-07.50 10
2 Osahon Aigbogun	11	Frederick	44-03.25 8
3 Joshua Gaskill	11	Oakdale	41-09.25 6
4 Maqil Ibrahim	11	Sherwood	41-02.00 5
5 Brady Duvall	12	Linganore	40-09.50 4
6 Christian Fekadu Kibret	11	Damascus	40-08.50 3
7 Kai Yuzuki	12	Thomas S Woo	40-02.25 2
8 Daveon Black	12	Linganore	39-09.25 1
9 Messiah Phelps	11	Sherwood	38-10.75 NWI
10 Aaron Meadows	11	Watkins Mill	38-07.00 NWI
11 Cooper Byard	11	North Hagers	37-03.50 NWI
12 Timothy R. Fuller	10	Col. Zadok M	37-01.50 NWI
13 Sithuka Karasnagoda	11	Damascus	36-09.50 NWI
14 Terrence Brown	12	Damascus	36-07.50 NWI
15 Aaron Mitchell	9	Tuscarora (M	36-04.75 NWI
16 Aidan Flaherty	12	Sherwood	36-03.75 NWI
17 Patrick Shaughnessy	9	Oakdale	34-04.50 NWI
18 Chase McIntosh	11	Rockville	34-01.00 NWI
--- Ethan Mejule	11	Watkins Mill	FOUL

---	Samuel Cooper	11	Tuscarora (M	FOUL
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Event 333 Boys Shot Put 3A

Name	Yr	School	Finals	
Finals				
1 Ian Tumi	12	Frederick	52-02.00 10	
2 Gavin Nyamador	10	Tuscarora (M	46-08.50 8	
3 Kyler Valley	12	Oakdale	46-08.25 6	
4 Nathan Clermont	12	Oakdale	46-03.25 5	
5 Jefferson Serkfem	12	Sherwood	43-10.00 4	
6 Jeremiah Nixon	12	Linganore	41-07.00 3	
7 Bobby Waters II	12	Frederick	41-02.25 2	
8 Samuel Oji II	12	Tuscarora (M	41-00.00 1	
9 Nathaniel Kim	10	Oakdale	40-08.75	
10 Jerome Binga	11	Frederick	38-04.50	
11 Jacob Shipley	11	Linganore	38-01.50	
12 Mory Kaba	11	Watkins Mill	38-00.50	
13 Ellis Brown	12	Damascus	37-09.00	
14 Ezon Johnson	10	Col. Zadok M	36-10.75	
15 Andrew Burke	12	Damascus	36-08.00	
16 Terrence Brown	12	Damascus	36-03.00	
17 Theodore Gittleson	12	Thomas S Woo	36-01.25	
18 Giordano Natty	11	Northwood	35-05.25	
19 Owen Smith	11	Sherwood	35-00.00	
20 Samuel Alexandre	11	Rockville	33-10.25	
21 Jeremiah Conner	11	Tuscarora (M	33-05.75	
22 John (Wyatt) Rucker	12	Rockville	30-02.50	
23 Josiah Jones Ingram	10	Watkins Mill	27-09.25	
24 Giovanni Natty	11	Northwood	25-09.75	
25 David Zewdie	11	Watkins Mill	25-08.75	
---	Aleksander Bargman	12	Thomas S Woo	FOUL

Event 334 Boys Discus Throw 3A

Name	Yr	School	Finals
Finals			
1 Jefferson Serkfem	12	Sherwood	137-01 10
2 Garrett Forrest	12	North Hagers	134-06 8
3 Ian Tumi	12	Frederick	133-11 6
4 Bobby Waters II	12	Frederick	131-00 5
5 Nathaniel Kim	10	Oakdale	126-07 4
6 Vaughn Williams	11	Linganore	125-10 3
7 Kyler Valley	12	Oakdale	124-02 2
8 Charles Barnes	12	Tuscarora (M	121-05 1
9 Jacob Shipley	11	Linganore	116-08
10 David Harne	11	Linganore	115-08
11 Andrew Burke	12	Damascus	114-07
12 Jeremiah Conner	11	Tuscarora (M	107-06
13 Tyson Butler	11	North Hagers	106-09
14 Ellis Brown	12	Damascus	106-01
15 Nathan Clermont	12	Oakdale	99-00
16 Giordano Natty	11	Northwood	92-10
17 Samuel Alexandre	11	Rockville	87-03
18 John (Wyatt) Rucker	12	Rockville	87-00
19 Owen Smith	11	Sherwood	77-09
20 Timothy Meisch	10	Rockville	77-03
21 Ian Sawyer	9	Frederick	71-10

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Finals ... (Event 334 Boys Discus Throw 3A)

Name	Yr	School	Finals
22 Giovanni Natty	11	Northwood	67-03
23 David Zewdie	11	Watkins Mill	66-04

Event 335 Boys Pole Vault 3A

Name	Yr	School	Finals
Finals			
1 Jonas Sparks	12	Oakdale	14-07.00 10
2 Tyler Spencer	11	Oakdale	13-06.00 8
3 Vance Lalli	11	Linganore	13-06.00 6
4 Osahon Aigbogun	11	Frederick	13-00.00 5
5 Brady Bruette	11	North Hagers	11-00.00 4
6 Cameron Malle	12	Oakdale	11-00.00 3
7 Elias House	11	North Hagers	9-06.00 2
8 Nolan Kocher	11	North Hagers	9-00.00 1
--- Porter Jones	12	Frederick	NH
--- Ayden Clark	10	Frederick	NH

Event 351 Girls 100 Meter Dash 3A

Name	Yr	School	Prelims
Preliminaries			
1 Annabelle Schaberl	12	North Hagers	12.53QNWI
2 Jenell Quansah	9	Linganore	12.54QNWI
3 Taraji Nartey	9	North Hagers	12.56QNWI
4 Assiatou Camara	12	Tuscarora (M)	12.62QNWI
5 Trinity McLaurin	11	Oakdale	12.63QNWI
6 Emma Link	11	Sherwood	12.92q NWI
7 Heather Twum	12	Oakdale	12.98q NWI
8 Dynasty Brackenridge	12	Watkins Mill	13.02q NWI
9 Morgan Booth	11	Oakdale	13.08q NWI
10 Sydney Hall	11	Linganore	13.20q NWI
11 Rylan Johnson	9	Sherwood	13.26q NWI
12 Amiya Adams	9	Tuscarora (M)	13.28q NWI
13 Zara Borel	11	Tuscarora (M)	13.34q NWI
14 Angel Fletcher	11	Northwood	13.40q NWI
15 Yahnice Charles	11	Northwood	13.40q NWI
16 Simone Ramos	11	Rockville	13.43q NWI
17 Ella Newland	9	Northwood	13.44 NWI
18 Amaya Dorsey	9	Frederick	13.48 NWI
19 Sophia Groves	10	Linganore	13.52 NWI
20 Sora Mitchell	12	Col. Zadok M	13.57 NWI
21 Harmony Griffith	10	North Hagers	13.76 NWI
22 Saniyah Ward	9	Rockville	13.87 NWI
23 Sarah Parker	12	Damascus	13.99 NWI
24 Makaila Byrd	12	Damascus	14.12 NWI
24 Camila Pupo	12	Watkins Mill	14.12 NWI
26 Noelle Walker	9	Damascus	14.30 NWI
27 Zariya Berry	9	Frederick	14.33 NWI
28 Kalista Nuwokpe	11	Watkins Mill	14.51 NWI
29 Sabriya L. Rollins	9	Col. Zadok M	14.53 NWI
30 Jatu F. Kromah	9	Col. Zadok M	14.56 NWI
31 Nora Flynn	9	Rockville	14.71 NWI
32 Hailey Goldberg	11	Thomas S Woo	14.91 NWI
33 Ally Ahn	12	Thomas S Woo	14.95 NWI

Event 351 Girls 100 Meter Dash 3A

Name	Yr	School	Finals
Finals			
1 Jenell Quansah	9	Linganore	12.10 10
2 Annabelle Schaberl	12	North Hagers	12.19 8
3 Assiatou Camara	12	Tuscarora (M)	12.39 6
4 Taraji Nartey	9	North Hagers	12.52 5
5 Trinity McLaurin	11	Oakdale	12.58 4
6 Heather Twum	12	Oakdale	12.64 3
7 Emma Link	11	Sherwood	12.76 2
8 Dynasty Brackenridge	12	Watkins Mill	12.91 1
9 Morgan Booth	11	Oakdale	12.97 NWI
10 Rylan Johnson	9	Sherwood	13.14 NWI
11 Amiya Adams	9	Tuscarora (M)	13.14 NWI
12 Sydney Hall	11	Linganore	13.30 NWI

Event 352 Girls 200 Meter Dash 3A

Name	Yr	School	Prelims
Preliminaries			
1 Tiana Welbon	11	Frederick	25.83QNWI
2 Erica Kouame	11	Watkins Mill	26.33QNWI
3 Taraji Nartey	9	North Hagers	26.34QNWI
4 Emma Link	11	Sherwood	26.52QNWI
5 Jenell Quansah	9	Linganore	26.69QNWI
6 Kamari Wilhite	11	Northwood	26.61q NWI
7 Heather Twum	12	Oakdale	26.61q NWI
8 Dynasty Brackenridge	12	Watkins Mill	26.67q NWI
9 Jordyn Summers	11	Frederick	26.94q NWI
10 Assiatou Camara	12	Tuscarora (M)	26.97q NWI
11 Angelyn Quansah	12	Oakdale	27.08q NWI
12 Jacqueline D. Nguessan	12	Col. Zadok M	27.40q NWI
13 Sasha Moscol Morales	10	Sherwood	27.67q NWI
14 Rylan Johnson	9	Sherwood	27.73q NWI
15 Amiya Adams	9	Tuscarora (M)	27.76q NWI
16 Harmony Griffith	10	North Hagers	28.24q NWI
17 Ella Newland	9	Northwood	28.36 NWI
18 Simone Ramos	11	Rockville	28.43 NWI
19 Isabella Suci	10	Thomas S Woo	28.93 NWI
20 Chase Mitchell	11	Col. Zadok M	28.98 NWI
21 Lena Aghadiuno	10	Watkins Mill	29.15 NWI
22 Katherine Miller	11	Damascus	29.23 NWI
23 Ariana Agrawal	10	Thomas S Woo	29.37 NWI
24 Camilla Gardner	9	Oakdale	29.37 NWI
25 Amaya Dorsey	9	Frederick	29.41 NWI
26 Saniyah Ward	9	Rockville	29.55 NWI
27 Peyton Llanos	9	Damascus	29.78 NWI
28 CrissyNavae Turner	9	North Hagers	29.80 NWI
29 Rileigh Quintero	9	Northwood	30.14 NWI
30 Nora Flynn	9	Rockville	30.59 NWI
31 Noelle Walker	9	Damascus	30.69 NWI
32 Jatu F. Kromah	9	Col. Zadok M	31.00 NWI

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Event 352 Girls 200 Meter Dash 3A

Name	Yr	School	Finals
Finals			
1	Tiana Welbon	11 Frederick	24.94 10
2	Jenell Quansah	9 Linganore	25.19 8
3	Taraji Nartey	9 North Hagers	25.51 6
4	Heather Twum	12 Oakdale	26.25 5
5	Emma Link	11 Sherwood	26.35 4
6	Dynasty Brackenridge	12 Watkins Mill	26.40 3
7	Assiatou Camara	12 Tuscarora (M)	26.41 2
8	Angelyn Quansah	12 Oakdale	26.44 1
9	Erica Kouame	11 Watkins Mill	30.26 NWI

Event 354 Girls 400 Meter Dash 3A

Name	Yr	School	Finals
Finals			
1	Tiana Welbon	11 Frederick	56.77 10
2	Erica Kouame	11 Watkins Mill	59.58 8
3	Angelyn Quansah	12 Oakdale	1:00.01 6
4	Kamari Wilhite	11 Northwood	1:01.49 5
5	Gabrielle Joseph	12 Linganore	1:01.55 4
6	Ashley E. Polcawich	11 Col. Zadok M	1:02.08 3
7	Cameron Thompson	9 Linganore	1:02.93 2
8	Chase Mitchell	11 Col. Zadok M	1:02.99 1
9	Sasha Moscol Morales	10 Sherwood	1:03.00
10	Lilah Colbert	11 Oakdale	1:03.14
11	Kaitlyn Lidie	9 Tuscarora (M)	1:04.70
12	Melysa Morales Lazaro	11 Tuscarora (M)	1:05.66
13	Chloe Arriola	12 Oakdale	1:05.81
14	Isabella Lambert	10 Tuscarora (M)	1:05.88
15	Tamra Fluellen	12 Sherwood	1:07.27
16	Philomena Ortiz	9 North Hagers	1:08.37
17	Ariana Agrawal	10 Thomas S Woo	1:08.60
18	Brianna Mathews	12 North Hagers	1:09.46
19	Isabella Suci	10 Thomas S Woo	1:09.99
20	Ella Carrick	9 Thomas S Woo	1:10.99
21	Ariana Nanchez	9 Rockville	1:18.95
22	Jameela Chen	9 Rockville	1:22.05

Event 355 Girls 800 Meter Run 3A

Name	Yr	School	Finals
Finals			
1	Mackenzie Philp	9 North Hagers	2:17.90 10
2	Caroline Philp	9 North Hagers	2:19.92 8
3	Hailey Lane	12 Tuscarora (M)	2:20.73 6
4	Madeline Quirion	12 Sherwood	2:21.36 5
5	Ashley E. Polcawich	11 Col. Zadok M	2:23.11 4
6	Lizzie Wells	12 Oakdale	2:27.37 3
7	Maya Di Monte	11 Oakdale	2:29.91 2
8	Siena Foster	10 Tuscarora (M)	2:31.48 1
9	Suchira Mulagura	11 Damascus	2:32.06
10	Anna Ramanan	10 North Hagers	2:32.57
11	Olivia Dickerson	9 Thomas S Woo	2:33.01
12	Leah Scarzello	9 Oakdale	2:33.34
13	Yasmeena Hassen Friess	12 Frederick	2:33.84

14	Keelin Moroney	10 Linganore	2:35.09
15	Hannah Louis	10 Thomas S Woo	2:35.32
16	Kimiko Tokinon	10 Sherwood	2:35.36
17	Saniyah St. Gerard	10 Sherwood	2:35.48
18	Ella Cook	10 Tuscarora (M)	2:36.32
19	Samantha Whiteman	11 Linganore	2:37.56
20	Ariana Amaya	12 Northwood	2:38.87
21	Isabella Deadrick	11 Rockville	2:42.12
22	McKenzie A. Mitchell	9 Col. Zadok M	2:43.06
23	Madelyn Powell	12 Damascus	2:43.65
24	Charlotte Wolfe	9 Northwood	2:47.41
25	Audrey Hendl	10 Linganore	2:51.03
26	Paulina Ortiz Nurinda	11 Watkins Mill	2:58.39
27	Lindsey Mendez	11 Watkins Mill	3:14.47

Event 356 Girls 1600 Meter Run 3A

Name	Yr	School	Finals
Finals			
1	Caroline Philp	9 North Hagers	5:00.57 10
2	Eleanor Finnegan	9 Thomas S Woo	5:01.99 8
3	Mackenzie Philp	9 North Hagers	5:06.55 6
4	Madeline Quirion	12 Sherwood	5:07.36 5
5	Hailey Lane	12 Tuscarora (M)	5:17.21 4
6	Leah Scarzello	9 Oakdale	5:24.77 3
7	Siena Foster	10 Tuscarora (M)	5:25.01 2
8	Samantha M. Polcawich	11 Col. Zadok M	5:25.72 1
9	Samantha Whiteman	11 Linganore	5:30.00
10	Anna Ramanan	10 North Hagers	5:32.41
11	Kylie Gray	10 Damascus	5:39.01
12	Ariana Arturo	12 Rockville	5:39.54
13	Danica Arrington	12 Frederick	5:39.93
14	Haylee Van Petten	11 Sherwood	5:47.37
15	Kimiko Tokinon	10 Sherwood	5:47.64
16	Johanna Mitchell	12 Oakdale	5:54.77
17	Morgan Braniff	9 Thomas S Woo	5:56.93
18	Kara King	11 Oakdale	5:57.37
19	Ariana Amaya	12 Northwood	5:57.95
20	Isabella Deadrick	11 Rockville	6:07.99
21	Charlotte Wolfe	9 Northwood	6:09.28
22	Dylan Allen	9 Damascus	6:33.57
23	Gabriella Ayala	10 Damascus	6:42.12
24	Paulina Ortiz Nurinda	11 Watkins Mill	6:50.64
---	Olivia Gregory	12 Frederick	DNF

Event 357 Girls 3200 Meter Run 3A

Name	Yr	School	Finals
Finals			
1	Eleanor Finnegan	9 Thomas S Woo	10:48.07 10
2	Caroline Philp	9 North Hagers	10:55.24 8
3	Mackenzie Philp	9 North Hagers	11:06.54 6
4	Madeline Quirion	12 Sherwood	11:18.52 5
5	Siena Foster	10 Tuscarora (M)	11:37.72 4
6	Samantha Whiteman	11 Linganore	11:39.47 3
7	Anna Ramanan	10 North Hagers	11:51.35 2
8	Samantha M. Polcawich	11 Col. Zadok M	11:52.59 1
9	Ariana Arturo	12 Rockville	12:01.14

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Finals ... (Event 357 Girls 3200 Meter Run 3A)

Name	Yr	School	Finals
10 Sydney Bowman	9	Tuscarora (M	12:27.20
11 Morgan Braniff	9	Thomas S Woo	12:37.35
12 Elizabeth Watkins	11	Linganore	12:43.56
13 Yasmeena Hassen Friess	12	Frederick	12:46.48
14 Annalise Wells	11	Oakdale	12:52.32
15 Alexis Rotty	9	Tuscarora (M	12:56.87
16 Isabella Deadrick	11	Rockville	13:07.30
17 Haylee Van Petten	11	Sherwood	13:11.62
18 Eve Browne	9	Thomas S Woo	13:33.03
19 Shelby Querry	12	Oakdale	13:37.66
20 Dylan Allen	9	Damascus	13:48.56
21 Katherine Dhingra	9	Sherwood	14:02.57
22 Gabriella Ayala	10	Damascus	14:43.76
23 Lindsey Mendez	11	Watkins Mill	14:45.28
24 Berkley Wetzel	9	Frederick	14:51.45

Event 360 Girls 100 Meter Hurdles 3A

Name	Yr	School	Prelims
Preliminaries			
1 Jordyn Summers	11	Frederick	15.57QNWI
2 Anna Chamberlin	12	North Hagers	15.84QNWI
3 Ava Morales	11	Frederick	15.89QNWI
4 Kymani Bennett	11	Sherwood	16.36QNWI
5 Kennedy Jones	11	Frederick	15.94q NWI
6 Jayde Saunders	11	Northwood	16.95q NWI
7 Sarah Chlebda	12	Oakdale	17.47q NWI
8 Binta Macalou	10	North Hagers	17.85q NWI
9 Stella Petrelli	10	Oakdale	18.00q NWI
10 Laila-Faire Williams	12	North Hagers	18.15q NWI
11 Mary Miller	11	Damascus	18.49q NWI
12 Adelynn Vancuran	9	Rockville	18.70q NWI
13 Fatima Sannoh	9	Watkins Mill	18.96q NWI
14 Shekina Degboevi	9	Tuscarora (M	19.15q NWI
15 Kaylie Eising	11	Damascus	20.00q NWI
16 Brielle Braxton	9	Watkins Mill	20.35q NWI
17 Maysa Djibom	12	Damascus	20.76 NWI
18 Anastasia Baserap	11	Rockville	21.21 NWI
19 Julia Long	9	Rockville	21.79 NWI
20 Janet Adams	10	Tuscarora (M	23.03 NWI
21 Alana Allen	10	Linganore	25.06 NWI

Event 360 Girls 100 Meter Hurdles 3A

Name	Yr	School	Finals
Finals			
1 Jordyn Summers	11	Frederick	15.63 10
2 Anna Chamberlin	12	North Hagers	15.88 8
3 Kymani Bennett	11	Sherwood	15.99 6
4 Ava Morales	11	Frederick	16.10 5
5 Kennedy Jones	11	Frederick	16.18 4
6 Sarah Chlebda	12	Oakdale	16.74 3
7 Jayde Saunders	11	Northwood	17.15 2
8 Stella Petrelli	10	Oakdale	17.59 1
9 Binta Macalou	10	North Hagers	17.69 NWI

10 Adelynn Vancuran	9	Rockville	18.00 NWI
11 Laila-Faire Williams	12	North Hagers	18.13 NWI

Event 361 Girls 300 Meter Hurdles 3A

Name	Yr	School	Finals
Finals			
1 Kennedy Jones	11	Frederick	46.03 10
2 Yahnice Charles	11	Northwood	47.28 8
3 Jayde Saunders	11	Northwood	47.33 6
4 Dayanah Brunson	10	North Hagers	48.06 5
5 Sarah Chlebda	12	Oakdale	48.64 4
6 Fatima Sannoh	9	Watkins Mill	49.83 3
7 Morgan Booth	11	Oakdale	50.10 2
8 Stella Petrelli	10	Oakdale	50.13 1
9 Kymani Bennett	11	Sherwood	50.31
10 Shekina Degboevi	9	Tuscarora (M	51.60
11 Janet Adams	10	Tuscarora (M	53.34
12 Adelynn Vancuran	9	Rockville	53.68
13 Soleil Williams	11	Sherwood	54.03
14 Michelle Boakye	11	North Hagers	54.45
15 Gloria Magne Soh	10	Tuscarora (M	56.79
16 Julia Long	9	Rockville	57.17
17 Kaylie Eising	11	Damascus	58.37
18 Brielle Braxton	9	Watkins Mill	58.63
19 Calianna Sessions	10	Damascus	1:02.45

Event 371 Girls 4x100 Meter Relay 3A

Team	Relay	Finals
Finals		
1 Oakdale		50.09 10
1) Trinity Mclaurin 11	2) Lilah Colbert 11	
3) Sarah Chlebda 12	4) Heather Twum 12	
2 Tuscarora (Md)		50.11 8
1) Amiya Adams 9	2) Deborah A. Adeyemi 12	
3) Zara Borel 11	4) Assiatou Camara 12	
3 Northwood		50.62 6
1) Angel Fletcher 11	2) Ella Newland 9	
3) Jayde Saunders 11	4) Kamari Wilhite 11	
4 Sherwood		52.33 5
1) Rylan Johnson 9	2) Soleil Williams 11	
3) Hanna Serour 12	4) Emma Link 11	
5 Linganore		53.94 4
1) Sydney Hall 11	2) Emily Bateman 10	
3) Alissa Simmons 9	4) Sophia Groves 10	
6 Damascus		54.20 3
1) Noelle Walker 9	2) Grace Szczublewski 10	
3) Kaylie Eising 11	4) Sarah Parker 12	
7 North Hagerstown		54.84 2
1) Dayanah Brunson 10	2) Taraji Nartey 9	
3) Anna Chamberlin 12	4) Annabelle Schaberl 12	
--- Watkins Mill		DNF
1) Dynasty Brackenridge 12	2) Camila Pupo 12	
3) Kalista Nuwokpe 11	4) Erica Kouame 11	

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Event 372 Girls 4x200 Meter Relay 3A

Team	Relay	Finals
Finals		
1 Northwood		1:46.85 10
1) Ella Newland 9	2) Jayde Saunders 11	
3) Yahnice Charles 11	4) Kamari Wilhite 11	
2 Oakdale		1:47.02 8
1) Lilah Colbert 11	2) Angelyn Quansah 12	
3) Heather Twum 12	4) Trinity Mclaurin 11	
3 North Hagerstown		1:47.77 6
1) Dayanah Brunson 10	2) Anna Chamberlin 12	
3) Annabelle Schaberl 12	4) Taraji Nartey 9	
4 Linganore		1:48.56 5
1) Sophia Groves 10	2) Cameron Thompson 9	
3) Gabrielle Joseph 12	4) Jenell Quansah 9	
5 Sherwood		1:49.13 4
1) Rylan Johnson 9	2) Hanna Serour 12	
3) Sasha Moscol Morales 10	4) Emma Link 11	
6 Watkins Mill		1:50.34 3
1) Dynasty Brackenridge 12	2) Lena Aghadiuno 10	
3) Camila Pupo 12	4) Erica Kouame 11	
7 Tuscarora (Md)		1:50.45 2
1) Amiya Adams 9	2) Zara Borel 11	
3) Janiyah Jenkins 10	4) Assiatou Camara 12	
8 Col. Zadok Magruder		1:53.44 1
1) Jacqueline D. Nguessan 12	2) Ashley E. Polcawich 11	
3) Chase Mitchell 11	4) Sabriya L. Rollins 9	
9 Damascus		1:56.09
1) Sarah Parker 12	2) Katherine Miller 11	
3) Mary Miller 11	4) Grace Szczublewski 10	
10 Rockville		1:56.11
1) Saniyah Ward 9	2) Nora Flynn 9	
3) Adelynn Vancuran 9	4) Simone Ramos 11	
11 Frederick		1:58.07
1) Amaya Dorsey 9	2) Jennifer Tabb 9	
3) Rosalie Henson 10	4) Zariya Berry 9	
12 Thomas S Wootton		2:03.52
1) Hailey Goldberg 11	2) Ildiko Washington 9	
3) Chloe Yeh 11	4) Isabella Suciui 10	

Event 374 Girls 4x400 Meter Relay 3A

Team	Relay	Finals
Finals		
1 Frederick		4:02.23 10
1) Jordyn Summers 11	2) Kennedy Jones 11	
3) Ava Morales 11	4) Tiana Welbon 11	
2 Oakdale		4:06.70 8
1) Maya Di Monte 11	2) Angelyn Quansah 12	
3) Lilah Colbert 11	4) Fiona Collins 11	
3 Tuscarora (Md)		4:19.10 6
1) Kaitlyn Lidie 9	2) Melysa Morales Lazaro 11	
3) Isabella Lambert 10	4) Hailey Lane 12	
4 North Hagerstown		4:20.08 5
1) Anna Chamberlin 12	2) Dayanah Brunson 10	
3) Laila-Faire Williams 12	4) Caroline Philp 9	

5 Col. Zadok Magruder		4:22.30 4
1) Ashley E. Polcawich 11	2) Samantha M. Polcawich 11	
3) Chase Mitchell 11	4) McKenzie A. Mitchell 9	
6 Linganore		4:23.42 3
1) Cameron Thompson 9	2) Keelin Moroney 10	
3) Gabrielle Joseph 12	4) Jenell Quansah 9	
7 Sherwood		4:38.65 2
1) Sasha Moscol Morales 10	2) Tamra Fluellen 12	
3) Madeline Quirion 12	4) Soleil Williams 11	
8 Damascus		4:42.21 1
1) Grace Szczublewski 10	2) Suchira Mulagura 11	
3) JaTaylor Smith 9	4) Madelyn Powell 12	
9 Thomas S Wootton		4:43.01
1) Ariana Agrawal 10	2) Ella Carrick 9	
3) Hannah Louis 10	4) Isabella Suciui 10	
10 Rockville		5:26.04
1) Ariana Nanchez 9	2) Julia Long 9	
3) Jameela Chen 9	4) Anastasia Baserap 11	

Event 378 Girls 4x800 Meter Relay 3A

Team	Relay	Finals
Finals		
1 Col. Zadok Magruder		10:00.43 10
1) Ashley E. Polcawich 11	2) Samantha M. Polcawich 11	
3) Grace M. Harwell 10	4) Chase Mitchell 11	
2 Tuscarora (Md)		10:09.01 8
1) Siena Foster 10	2) Ella Cook 10	
3) Sydney Bowman 9	4) Hailey Lane 12	
3 Oakdale		10:13.72 6
1) Maya Di Monte 11	2) Annalise Wells 11	
3) Leah Scarzello 9	4) Lizzie Wells 12	
4 Frederick		10:18.87 5
1) Ysebel Soto 12	2) Yasmeena Hassen Friess 12	
3) Danica Arrington 12	4) Olivia Gregory 12	
5 Damascus		10:39.32 4
1) Suchira Mulagura 11	2) Kylie Gray 10	
3) Dylan Allen 9	4) Madelyn Powell 12	
6 Linganore		10:42.91 3
1) Kayla Headd 12	2) Audrey Hendl 10	
3) Elizabeth Watkins 11	4) Keelin Moroney 10	
7 Sherwood		10:43.18 2
1) Haylee Van Petten 11	2) Saniyah St. Gerard 10	
3) Katherine Dhingra 9	4) Kimiko Tokinon 10	
8 North Hagerstown		11:18.33 1
1) Philomena Ortiz 9	2) Madeline Schaberl 9	
3) Charlee Hajel 9	4) Anabelle Myers 11	

Event 380 Girls High Jump 3A

Name	Yr	School	Finals
Finals			
1 Ava Morales	11	Frederick	5-10.00 10
2 Anna Chamberlin	12	North Hagers	5-00.00 8
3 Jordyn Summers	11	Frederick	5-00.00 6
4 Raisa Marinoiu	9	North Hagers	4-10.00 5
5 Sora Mitchell	12	Col. Zadok M	4-10.00 4
6 Amanda Chung	12	Linganore	4-08.00 2

3A West Region Meet - 5/14/2026 to 5/16/2026

Frederick HS

Results

Finals ... (Event 380 Girls High Jump 3A)

Name	Yr	School	Finals
6 Johanna Mitchell	12	Oakdale	4-08.00 2
6 Kaitlyn Shaffer	10	Linganore	4-08.00 2
9 Kennedy Scott	12	Damascus	4-08.00
10 Amiya Adams	9	Tuscarora (M)	4-08.00
--- Aubryn Darrington	10	Sherwood	NH
--- Kaylie Eising	11	Damascus	NH
--- Erin Mascari	11	Sherwood	NH
--- Stella Petrelli	10	Oakdale	NH
--- Sarah Chlebda	12	Oakdale	NH
--- McKenzie A. Mitchell	9	Col. Zadok M	NH
--- JaTaylor Smith	9	Damascus	NH
--- Adelynn Vancuran	9	Rockville	NH
--- Samantha Anane	9	North Hagers	NH

Event 381 Girls Long Jump 3A

Name	Yr	School	Finals
1 Ava Morales	11	Frederick	17-05.00 10
2 Jordyn Summers	11	Frederick	17-03.00 8
3 Jenell Quansah	9	Linganore	15-10.75 6
4 Kennedy Jones	11	Frederick	15-08.75 5
5 Trinity Mclaurin	11	Oakdale	14-11.75 4
6 Binta Macalou	10	North Hagers	14-07.50 3
7 Amiya Adams	9	Tuscarora (M)	14-04.25 2
8 Morgan Booth	11	Oakdale	14-04.00 1
9 Cecile Apetse	12	Sherwood	14-02.25 NWI
10 Janiyah Jenkins	10	Tuscarora (M)	13-09.25 NWI
11 Kennedy Brazil	9	Damascus	13-07.00 NWI
12 Melanie Barton	10	Sherwood	13-04.25 NWI
13 Lena Aghadiuno	10	Watkins Mill	13-03.00 NWI
14 Sophia Mcelwee	10	Oakdale	13-00.25 NWI
15 Michelle Addo	11	Tuscarora (M)	13-00.00 NWI
16 Chloe Yeh	11	Thomas S Woo	12-09.25 NWI
17 Naura Harvianto	9	North Hagers	12-05.25 NWI
18 Sophia Groves	10	Linganore	11-10.50 NWI
19 Ella Carrick	9	Thomas S Woo	11-08.25 NWI
20 Stephanie Tibo	10	North Hagers	11-05.50 NWI
21 Elani Hiev-Madison	9	Damascus	11-03.00 NWI
22 Kalista Nuwokpe	11	Watkins Mill	9-11.00 NWI

Event 382 Girls Triple Jump 3A

Name	Yr	School	Finals
1 Jordyn Summers	11	Frederick	37-03.00 10
2 Jenell Quansah	9	Linganore	36-06.00 8
3 Deborah A. Adeyemi	12	Tuscarora (M)	35-08.25 6
4 Angel Fletcher	11	Northwood	34-03.25 5
5 Sydney Hall	11	Linganore	33-09.00 4
6 Binta Macalou	10	North Hagers	33-08.25 3
7 Cassidy Harper	11	Oakdale	33-02.50 2
8 Laila-Faire Williams	12	North Hagers	29-03.25 1
9 Sophia Groves	10	Linganore	29-02.00 NWI
10 Sophia Mcelwee	10	Oakdale	28-11.00 NWI
11 Elani Hiev-Madison	9	Damascus	28-06.25 NWI

12 Stephanie Tibo	10	North Hagers	26-11.25 NWI
13 Aubryn Darrington	10	Sherwood	25-10.00 NWI

Event 383 Girls Shot Put 3A

Name	Yr	School	Finals
1 Zaila Griffin	10	Frederick	36-10.00 10
2 Kayla Butler	9	Linganore	35-07.25 8
3 Alexis Mangene	11	Oakdale	34-06.25 6
4 Precious Young	12	Damascus	34-01.50 5
5 Jordyn Shipley	12	Linganore	32-10.75 4
6 Katelyn Dorsey	12	Tuscarora (M)	30-09.00 3
7 Javel Fayad	11	Northwood	30-03.75 2
8 Yornee Jacobs	12	Tuscarora (M)	30-00.00 1
9 Kyrach Hackey	12	Linganore	29-05.00
10 Daliyah Rose	11	Sherwood	28-08.50
11 Kayla Boateng	10	Tuscarora (M)	28-06.00
12 Jacquelyn Cole	12	Oakdale	28-01.50
13 Caya Joseph	11	Rockville	27-06.50
14 Benelle Danso	10	Damascus	26-10.00
15 Rosalie Henson	10	Frederick	26-09.50
16 Kameryn Burrill	12	North Hagers	26-04.50
17 Carson Frye	9	Sherwood	25-11.50
18 Andra Moseray	10	Northwood	25-02.50
19 Anna Booth	11	Rockville	22-11.50
20 Aniya Russell	12	North Hagers	22-08.25
21 Maryam Habib	12	Sherwood	22-05.50
22 Carys Dockery	12	Watkins Mill	22-03.50
23 Jensen Cox	9	Oakdale	21-10.50
24 Maame Ofori-Atta	10	Watkins Mill	21-06.75
25 Monke Agbemabiese	11	Thomas S Woo	20-10.50
26 Margaret Regitz	11	Rockville	20-06.00
27 Jalena Epps	11	Watkins Mill	20-01.00
28 Rafaela Cruz Ribeiro Dos San	10	Northwood	19-09.75

Event 384 Girls Discus Throw 3A

Name	Yr	School	Finals
1 Kayla Butler	9	Linganore	126-10 10
2 Evie Iacchei	9	Oakdale	119-00 8
3 Jordyn Shipley	12	Linganore	103-02 6
4 Brady Cox	9	Oakdale	101-10 5
5 Anaika Mehta	12	Thomas S Woo	100-11 4
6 Daliyah Rose	11	Sherwood	96-04 3
7 Javel Fayad	11	Northwood	96-01 2
8 Rosalie Henson	10	Frederick	95-01 1
9 Caya Joseph	11	Rockville	89-07
10 Zaila Griffin	10	Frederick	85-06
11 Kayla Boateng	10	Tuscarora (M)	76-03
12 Yamarie Jasseh	11	Frederick	75-09
13 Zoe Upton	12	Rockville	73-02
14 Kyrach Hackey	12	Linganore	71-03
15 Precious Young	12	Damascus	70-11
16 Kameryn Burrill	12	North Hagers	70-03
17 Alexis Mangene	11	Oakdale	66-07
18 Madelyn Powell	12	Damascus	64-02

3A West Region Meet - 5/14/2026 to 5/16/2026

Frederick HS

Results

Finals ... (Event 384 Girls Discus Throw 3A)

	Name	Yr	School	Finals
19	Maryam Habib	12	Sherwood	63-10
20	Aniya Russell	12	North Hagers	61-05
21	Jolayour Crayton	10	Northwood	61-03
22	Emma Zitrick	9	Tuscarora (M	60-07
23	Anna Booth	11	Rockville	59-11
24	Andra Moseray	10	Northwood	58-00
25	Katelyn Dorsey	12	Tuscarora (M	56-01
26	Gavi Munoz	10	Sherwood	54-10
27	Nari Garnett	11	Thomas S Woo	53-04
28	Carys Dockery	12	Watkins Mill	51-05
29	Ronke Agbemabiese	11	Thomas S Woo	48-09
30	Maame Ofori-Atta	10	Watkins Mill	48-06

Event 385 Girls Pole Vault 3A

	Name	Yr	School	Finals
Finals				
1	Fiona Collins	11	Oakdale	10-06.00 10
2	Carly Moyer	12	Linganore	10-00.00 8
3	Morgan Booth	11	Oakdale	10-00.00 6
4	Sophia Mcelwee	10	Oakdale	9-06.00 5
5	Raisa Marinoiu	9	North Hagers	8-00.00 3.5
5	Corryn Sullivan	9	Linganore	8-00.00 3.5
7	Tiffany Raines	11	Frederick	8-00.00 2
8	Reggan Chapin	11	North Hagers	7-06.00 1
9	Josephine Shipley	9	Linganore	7-00.00
9	Erin Livelsberger	10	Frederick	7-00.00
---	Olivia Gregory	12	Frederick	NH

Women - 3A - Team Rankings - 18 Events Scored

1)	Frederick	126
2)	North Hagerstown	120.5
3)	Oakdale	119
4)	Linganore	103.5
5)	Tuscarora (MD)	61
6)	Northwood	46
7)	Sherwood	43
8)	Col. Zadok Magruder	29
9)	Thomas S Wootton	22
10)	Watkins Mill	18
11)	Damascus	13

Men - 3A - Team Rankings - 18 Events Scored

1)	Linganore	141
2)	Sherwood	125
3)	Oakdale	99
4)	Frederick	83
5)	Northwood	63
6)	North Hagerstown	59
7)	Tuscarora (MD)	54
8)	Damascus	37
9)	Watkins Mill	17
10)	Thomas S Wootton	14
11)	Rockville	7
12)	Col. Zadok Magruder	3